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Cover photo by Ari Davis with models Rachel Burbidge and Tanner Stucki.

Thank you to City Creek Center for providing locations for the cover and fashion photos (page 34).



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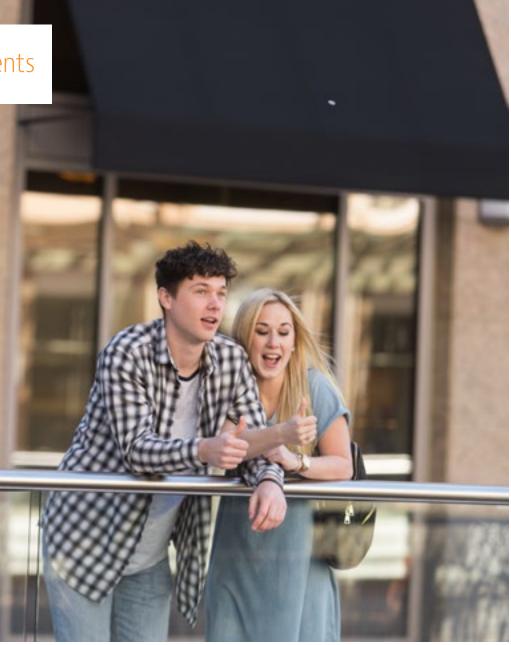
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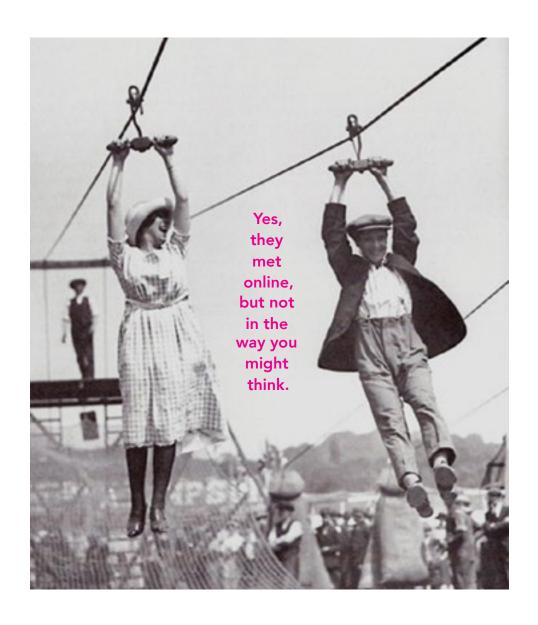
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## HIS SODA **DECODED**

## What does his drink say about his personality?

Move over, frozen yogurt. Soda is now a go-to date treat, with shops popping up all over Utah County.

Between fruit purees, flavor shots, half and half splashes and whipped cream garnishes, soda shops take drinks to the next level. Employees invent nicknames for drink combinations, which are sometimes based on the customers who order them. A light-hearted analysis of some of the popular combinations can subtly signal what a date is thinking when he orders one of these specials.



Mountain Dew, strawberry, pineapple

Loves himself Spends more time on his hair than you Instagrams his food



THE SOUTHERN GENTLEMAN

Dr. Pepper, peach, vanilla Wears Vineyard Vines and Tommy Bahama Can charm his way into just about anything

Treats everyone with courtesy



**JUST FRIENDS** 

Diet Coke, pineapple, coconut

Likes to keep his options open Checks his phone constantly Wants to see other people



## **ETERNAL COMPANION**

7 Up, blue curação syrup, peach

Knows how to talk about his feelings Thinks of you before himself Gives you the last bite of the cookie



## **EAGLE SCOUT**

Root beer, marshmallow, chocolate

Works hard Enjoys camping Is prepared...to make you happy!



## **BRO/BOYFRIE**

The number of "Provo All-Stars" seems to be growing, and the quest to figure out if a guy is boyfriend material or if he's just a bro is difficult. If you're having a hard time deciphering whether a guy is just a brofriend or has potential for a boyfriend, ask yourself:

## 1. When you tell him a story about your day he:

- a. Listens and asks you questions about it
- b. Seems indifferent
- c. Turns the story into something about himself

## 2. Does he live at The Village, Alpine Village or any place with the word "village" in it?

- a. No, he would never!
- b. Yes, but only because his roommates made him
- c. Yes

### 3. When you two are talking he:

- a. Looks into your eyes and seems interested
- b. Looks at his phone half the time, but the other half he's listening attentively
- c. Is on his phone watching videos, but then "courteously" asks you to watch them with

- a. Go to school, work, or find an internship
- b. Unplanned either school or summer sales
- c. Summer sales

## 4. His Instagram feed is filled with:

- a. Pictures of him and his friends on adven-
- b. Pictures of him at all the latest parties
- c. Shirtless selfies of him at the gym

### 5. On a typical Thursday night you could catch him:

- a. Rock climbing at The Quarry
- b. At a house party
- c. Working out

### 6. His summer plans are:

## 7. It's a warm sunny day outside and he wears:

- a. T-shirt and Vans
- b. T-shirt, a snap back and flip flops
- c. A tight T-shirt, a snap back and white sunglasses behind his head

## 8. It's movie night and you're dying to watch a chick flick. You suggest one and he:

- a. Agrees, but makes you promise he's in charge of the movie next time
- b. Tries to convince you out of it but then caves and watches it with you reluctantly
- c. Laughs, and then makes you change your choice

## **MOSTLY A** BOYFRIEND MATERIAL

As far as we can tell, you're in the "bro" clear. Your guy seems to care more about the outside world than his man bun and work out schedule. Good job-he's a keeper!

## MOSTLY B POTENTIAL

Your guy is in the in-between stage of boyfriend and brofriend and could go either way. He might be influenced by his squad of bros and needs you to keep him from going fullbro. Don't write him off, but don't go in full force either.

## MOSTLY C BROFRIEND

He might have a perfect smile, and a body that goes with it, but your guy should definitely be in the bro-zone. Don't confuse his cockiness with confidence; this boy bleeds "bro" through and through. Keep him as a friend, and leave him at that.

## LONG-DISTANCE SUMMER ADVICE

## Talk through expectations

Before parting for the summer, establish clear expectations. Figure out what each of you wants during the summer apart.

### Make a bucket list

It's important to keep in contact, but take advantage of present opportunities.

## Surprise them

Remind each other you care for one another and are still thinking about them other than saying it via text message.

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## WHAT GUM SAYS ABOUT KISSING

The type of gum a person chews can say a lot about their kissing style. Are they spicy? Fruity? Sweet? Be aware of the messages sent with chewing habits, but don't take these bubbles of advice too seriously.

Cinnamon chewers are a bit rare, not everyone goes for cinnamon gum. Those who are cinnamon chewers are more hardcore than average.

**Spearmint** chewers are average kissers, but it's not a bad thing. They're consistent, and don't push boundaries. Simple and sweet.

**Peppermint** chewers know exactly what they want. They are charmers, but will likely not be seen again after one night.



Fruity chewers are slobbery, but a lot of fun. Fruity chewers are people with colorful personalities who know how to have a good time.

**Bubble gum** flavor never lasts, and neither will the relationship. Three kisses and he or she ditches.

**Bubble Tape** chewers' dates never end They're in for the long haul.

**Bubble Tape** long haul

> If they prefer Tic Tacs it means they don't have self control, because no one eats just one Tic Tac.

> > VICTORIA WILKINS

## PROS AND CONS OF POST-DATE TEXTS

BY MIRANDA FACER

## PROS

## **SHOWS INTEREST**

Sending a friendly PDT, especially one that says you would like to go out with your date again, is an easy way to show interest in a person.

## **GIVES POSITIVE FEEDBACK**

"(PDTs) are good because they take the guesswork out of wondering if it was a good date or not," said Daniel Williams, a senior studying neuroscience. "It's good to hear if they had a good time."

## **KEEPS DIALOGUE GOING**

If you're still eager to talk to your date after the evening is over, a PDT can open the door for continued communication. However, keep in mind that many dates end near bedtime, so he or she may not respond until morning.

## CONS

## **REMOVES THE MYSTERY**

"I think the goal with any communication you have with (someone you like) is to not inundate them," said Alissa Chase, a junior studying economics. "You want yourself to be exciting and if you try to talk to them too much after a date, they may get bored or think you're too eager."

## **GETS THEIR HOPES UP**

Sometimes people send PDTs to be polite, even if they are not interested in their date. If you do not want to go on another date, do not send them a post date text. If your date sends you a PDT, send a brief but nonencouraging reply. This allows you to be polite but clear about your (lack of) intentions.

## **SMOTHERS THE SPARK**

"The big thing with PDTs is they completely depend on the person," said Colton Keddington, a sophomore studying political science and economics. "Some people may start to feel smothered and think, 'I was with you 30 minutes ago; you don't need to text me."

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## 3 OUTDOOR SUMMER DATES (THAT ARE BETTER THAN FROZEN YOGURT)

It's Wednesday Night. It's 80° outside and the skies are cloudless, blue, and tinged with the slightest hint of sunset. Where are you and your date? You're inside eating frozen yogurt along with 70 other couples who had the same idea. You finish your frozen yogurt in 8 minutes, soon realizing that a scant few minutes of eating frozen treats and staring at each other does not constitute a date.

Don't just get frozen yogurt; take a hint from our photosynthetic brothers and soak up some sun!

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## THE SEVEN DWARFS YOUR ROOMMATES DATE

Why not use a beloved childhood movie to look at current dating trends? This parody using Disney's "Snow White and the Seven Dwarfs" pokes fun at the different types of people your roommates date.

## **SLEEPY**

Sleepy comes over late at night and often knocks well after curfew. After class, chances are he is catching up on his ZZZZs or sprawling across the couch like he owns it.

## DOC

Doc is a stereotypical know it all. Though he is only pre-med, he would like you to think that he is also pre-dental, pre-law and a humanities buff on the side.

## BASHFUL

Bashful has been around for several months, but has yet to make a concrete move. His timid ways were cute at first, but now are just plain annoying.

## **GRUMPY**

Grumpy needs a major attitude adjustment. The dark negativity cloud that follows him around is beginning to affect the entire apartment.

## **DOPEY**

Dopey is book smart, but how he has survived to get by in life is a mystery. His people and conversational skills are minimal, yet something about Dopey's gullibility keeps her going back to him.

## **SNEEZY**

Sneezy is always sick, and rather than staying at home, he makes the apartment couch his recovery bed. His germ spreading is depleting the supply of hand sanitizer and disinfecting wipes in the apartment.

## <u>HAPPY</u>

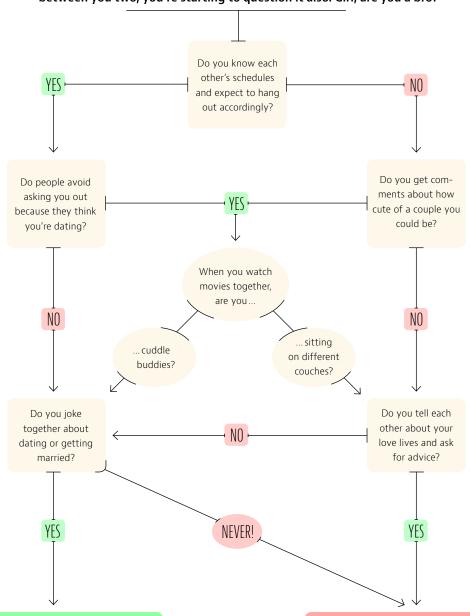
Happy seems to think of nothing but sunshine and rainbows. The glitter that seems to exude from Happy's every pore is getting to be a little bit blinding.





## Hey girl, are you a bro?

You've been hanging out for a few months, and you insist you're just friends even though everyone else seems to be questioning it. Although nothing has really happened between you two, you're starting to question it also. Girl, are you a bro?





## You're more than a bro.

All your joking about dating should be taken a little more seriously. If you want to take your flirtationship to the next level, talk about it. He may be feeling the same way. After all, best friends make the best boyfriends, right?



## You're a bro, girl.

People might be questioning whether you two should be dating, but you shouldn't. Your relationship is awesome as it is. Don't try to ruin it with an awkward DTR. Being friend zoned might be the best thing that can happen between you two.





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## HELP HER HACK IT

Everyone has been there before — a friend gets dumped and is devastated. Here are some tips to help alleviate the misery, and help her get back to being herself.



## Talk It Out **Distract Them**

Whether it's while sitting on the couch with tons of blankets, going on a drive to get ice cream or eating chocolate cake, talk it out. Let her explain every detail of the breakup and listen attentively.

"Just let them vent to see where they're at, and then take them out to get their mind off things," said Delaney Hilton, a freshman studying physiology and developmental biology

After a difficult breakup, a friend needs someone to listen without judgement as she dissects every aspect of her broken relationship.



Don't let a friend beg for her boyfriend back. Keep her busy by meeting new people, trying new things and going new places.

Try to make them laugh, do fun activities like go hiking, go to the movies or do something active so her mind is completely off of it," said Sophie Lex, a sophomore studying exercise science.

Make a dinner group, get old friends together or tell her to take advantage of her new single status. What ever it is, make sure she doesn't have ample free time to reminisce and become re-attached to her recent ex



## Make a Game Plan

Tell a friend to make a list of all the things she wanted to do while she was in the relationship, but never had the time to do. Write down a list with a detailed plan on how, and when, she's going to accomplish them with the end goal of moving on.

You have to tell them to move on subtly, let them know that there are other guys out there and then help her find them," said Janel Reynolds, a sophomore majoring in athletic training.

Make her feel motivated and excited, which will help get her mind off the breakup and help her move forward.



## **Time, Time, Time**

One of the hardest parts of a breakup is coping with the extra time that was once dedicated to a significant other.

"You need to make sure you're there for them, but let them open up to you," said Lex.

A friend will most likely feel lonely between the initial breakup and accepting what happened, and will probably consider reaching out to her ex. Don't let her. Spend time with her doing homework, making dinner or binge-watching TV. Remind her that being single isn't the worst thing that's ever happened to her, and that she is loved.



There are many different types of friends. Friends who always give compliments, friends who can make a joke in any situation, friends who are the downers of the group and finally, friends who are brutally honest. Frank friends are necessary in dating.

"There's a lot of headache in relationships when you don't know what a person is thinking and you're getting mixed signals," said Daniel Dekker, a senior studying biology. "You need a friend who has your back and will tell you like it is."

- VICTORIA WILKINS

## **IGNORANCE IS NOT ALWAYS BLISS, GOOD FRIENDS TELL IT HOW IT IS:**

"There's an entire floret of broccoli in your teeth." "She's a 10, you're pushing a seven, maybe." "Plaid shirts do not go with plaid shorts." "The, 'your mom' joke was only funny the first time." "You're overcomplicating things." "Try to see it from her perspective."



## **LOVE LANGUAGES**



BY VICTORIA WII KINIS

According to Dr. Gary Chapman, Director of Marriage and Family Life Consultants, individuals feel and show love in five different ways that he calls "love languages." Most people have one primary love language, or one main way of feeling loved. Knowing how someone feels love is important in relationship communication.

Here are some ways to show love using Chapman's five love languages:

A person who feels most loved through words of affirmation looks to hear or read why he or she is loved. They want to hear why they are special and matter to others. Positive ways to express love to them include romantic cards or notes, compli-

ments or bragging about them. This does not mean they are fishing for compliments or are looking for a sweet-talker. They require genuine and meaningful words.

A good way to show love to this person is by giving real, undivided attention. While spending time with this person, silence the phone and avoid other distractions.

These people succeed when they get to spend uninterrupted

time with their loved ones. Quality time also includes doing quality activities together and having great conversations. Failure to listen causes them emotional distress. Be prepared to really listen, hear and converse with them.

Those who feel loved through acts of service enjoy it when their burden is lightened. Offering "Is there anything I can do to help?" and then helping is a great way to show this person love. Going the extra mile to help ease problems is how this person will feel loved best. Be careful promised offers. Those who feel loved

to keep promised offers. Those who feel loved through acts of service appreciate help with chores, running errands or other small things.

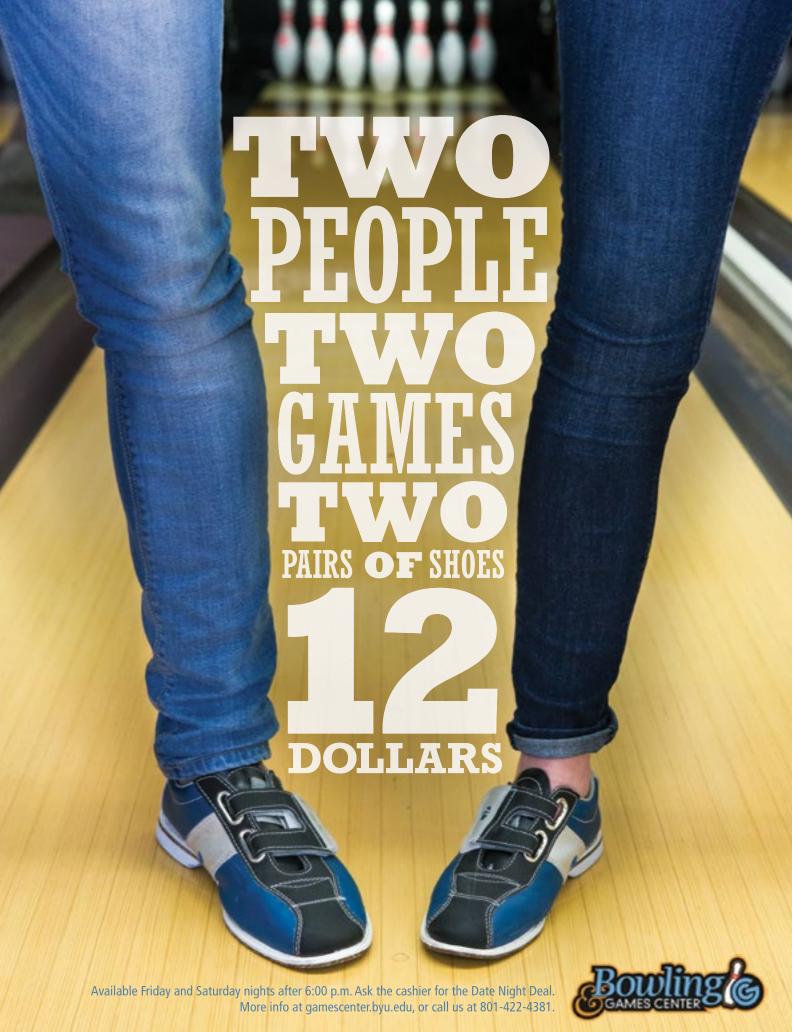
Gift receivers thrive on thoughtfulness. What is important to this person is not the gift itself, or how much money it cost, but rather the effort behind the gift. Be sure to never forget their birthday, an anniversary or a holiday. If they are having a bad day, a gift of flowers or a treat are appreciated. Bring gifts not only

on bad days, but also as a random surprise.

Those who feel loved with physical touch require frequent touch as expressions of affection. Physical touch as a love language has nothing to do with sexual touch. The best way to show love to this type of person is with

appropriate physical touch: a hand hold or a warm hug. A person in a relationship with a person who enjoys physical touch should hug their partner soon after seeing him or her. The immediate embrace demonstrates to them that someone cares.

To understand a person's primary love language, take the test at 5lovelanguages.com.





## **HARRY POTTER PERSONALITIES**

BY DEVYNN MACLENNAN

Determine who is which character within your friend group:

**HARRY POTTER:** The person in the group everyone on campus seems to know. Some people shoot him down, but without him things would fall apart.

**RON WEASLEY:** The comedic relief of the group. He's goofy and awkward, but necessary for a fun time.

**HERMIONE:** The brain of the group, always knocking sense into people. Although she disapproves of almost everything the whole group does, she joins in and knows how to have a good time.

**FRED AND GEORGE WEASLEY:** The two people in the group who are practically inseparable. They're friends with the whole gang but regularly do their own things together.

**DUMBLEDORE:** The person who is wise beyond their years. Everyone goes to them whenever there's a problem because they always seem to know what to do, or what to say.

**VOLDEMORT:** The bald guy in the group with no nose.

**SNAPE:** The person who tends to get judged more harshly. In the end, he means well and helps people when no one is looking.

**GINNY WEASLEY:** The little sister in the group. She keeps to herself but wins over the boys.

**NEVILLE LONGBOTTOM:** The worrywart of the group. He is always second guessing everything and reminding the group what the rules are.

**DRACO MALFOY:** The one who tends to pick fights and have all the newest toys, but always has the best hair.



SETH PRESTWICH



## OPTIMISTIC SINGLE PLAYER

BY LIESL HAMMER

There is a kind of agony that comes from seeing Facebook friends' engagement photos cluttering a newsfeed. How does one stay optimistic as a one player when everyone else has found a teammate?

Meagan Brady from Orem, Utah, said that focusing on the good parts of her life helped her to feel more optimistic about being single. "In the past couple years since changing my focus from what I didn't have to what I did have and enlarging those blessings through concerted effort, I have been so much happier, fulfilled, and optimistic overall than at any other time in my single life," Brady said.

Marcus Tanner, from Fruit Heights, Utah, is not too anxious about marriage. "It's not super important to me," he said. "A lot of people are dying to be married, but I like being single."

Tanner enjoys the freedoms of being single. He likes to make new friends and those friends keep him happy. Being single has benefits, and Tanner found a way to appreciate the perks of being single while having fun.

LaNaya Comsa from Peoria, Arizona, stays on her feet as a dancer at BYU and uses her hands as a seamstress. These activities, along with continuing her education, keep her hopeful.

"If you feel like you're doing something, progressing and helping people, that's when I'm happiest and OK with being single," Comsa said.

If Comsa's not busy, she starts feeling bad about her situation. "I go through cycles," she said. "Sometimes I get stuck thinking, 'I'm not on a mission any more and I have to get married, but there's no one!' And that's bad." She gets right back to working on whatever project has come up in life to keep progressing.

"Just make sure you're still moving," Comsa said. "Make sure you're not stagnant. Being stagnant makes you lose hope."



## ARE YOU HAPPY, MAD BY VICTORIA WILKINS OR SAD TAYLOR?

Think of your last breakup and answer these questions.



- A. "It's a love story, baby, just say, 'Yes'."
- **B.** "Someday I'll be living in a big old city and all you're ever gonna be is mean."
- C. "I miss screaming and fighting and kissing in the rain."

## **2** Your ex tells you he's in love with you. How do you feel?

- A. "Now that I'm clean I'm never gonna risk it."
- **B.** "We are never getting back together. Like ever."
- C. "Hey, you call me up again just to break me like a promise."

## **3** You see your ex with a new girl. What's your reaction?

- A. "And they'll tell you now, 'You're the lucky one'."
- B. "There is nothing I do better than revenge."
- C. "Come back, come back, come back to me like you would if this was a movie."

## 4 You're trying to move on, but your ex won't leave you alone.

- A. "Tonight's the night when we forget about the heartbreaks."
- B. "You shouldn't be begging for forgiveness at my feet."
- C. "I can't say hello to you and risk another goodbye."

## 5 You're stalking your ex on social media, how do you feel?

- A. "It's like I got this music in my mind saying, 'It's gonna be all right."
- B. "This is looking like a contest of who can act like they care less."
- C. "I go back to December all the time."

## MOSTLY A

You're Happy Taylor. You're free from your ex, you're back in the dating scene and you couldn't be happier about it. You're ready to have fun again. #freedom. Listen to, "Shake It Off," "Love Story," "Clean," "The Lucky One" and "22."

## MOSTLY B

You're Mad Taylor. You're so over it. You know you're much cuter than his new girl. You hear "your song" and immediately change it. Channel your anger and listen to, "Mean," "We Are Never Ever Getting Back Together," "Better Than Revenge," "Should've Said No" and "The Story of Us."

## MOSTLY C

You're Sad Taylor. Go ahead and watch sappy romance movies and eat ice cream right out of the tub. We understand, we've all been there. Take some time, and everything will be OK. Listen to, "The Way I Loved You," "I Almost Do," "All Too Well," "If This Was a Movie" and "Back to December."



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## **EVERYTHING BUT THE RING**

They know their wedding date, colors, location, and you think she's going wedding dress shopping this weekend, but they aren't engaged yet.

"I asked them if they were dating and she told me they were engaged to be engaged. I laughed and asked if she had a ring for that too, and as she lifted her left hand I saw a CTR ring on her ring finger while she explained very seriously that yes, she did," said Kenzie Knapp, a philosophy major from Provo.

What does engaged to be engaged actually mean? Some say it's a stage in the relationship between a monogamous couple when the members are expected to wed in the near future but will more likely break up the next week.

Others say it's the moment they announce they're engaged on social media and they happen to also announce the time and place of the soon to be wedding.

Some others are more optimistic to say it's when couples are planning on getting engaged but for some reason hasn't gotten engaged yet, most likely due to financial situations. Or, they're just commitment phobic so they're prolonging the inevitable but keeping the relationship going.



## WEDDINGS 101 FOR SINGLE PEOPLE

BY ASHLYN ALLRED



## GENERAL ETIQUETTE

In general, rules for weddings are the same for LDS and non-LDS weddings alike. There is no established Mormon wedding etiquette.



## **RECEIVING LINE**

One way that LDS weddings are unique is the often-utilized receiving line. If you decide not to go through the line or miss it, be sure to take time to talk to the couple during the reception.





## WHEN A RELATIONSHIP MAKES YOU SAY



There always seems to be that one couple that no one else likes to spend time with. Maybe they're too touchy-feely, too obsessed with each other to have fun with anyone else or too much drama. Worse is when a good friend is one of the individuals in this annoying relationship. Here are some tips to overcome irritation at a friend's relationship:

### **TALK ABOUT OTHER THINGS**

If the relationship causes cringes and eye rolling, talk about something else. A relationship that is difficult to handle doesn't provide an out for being a good friend. "Spend time one-on-one, and avoid bringing up their relationship," said Griffin Moore, a freshman studying business.

### **RE-EVALUATE THE SITUATION**

Their relationship should be about no one but the two of them. Remove personal selfish feelings from the equation. "If your friend likes a guy, that's great, and it doesn't matter how you feel about it," said Leah Daley, a freshman studying exercise science. "Their relationship isn't about you."

### **BE HAPPY FOR THEM**

It might be tough at times, but be happy for friends. Even if their post on social media makes everyone sick, like it anyway. "Be their friend, support them and don't be critical or tell them every negative opinion you have," said Theresa Evans, a junior studying business management.

### REMEMBER

Even if a relationship seems unbearable, it is not worth losing a friend. They might break up after a few weeks, but they also might end up married. If the couple does last, it's important to remain close and not miss out on friends' important life events.



### DATES

If the envelope is addressed to you "and guest," then you may bring a date. If not, come to the wedding with a group of invited friends.



### GIFTS

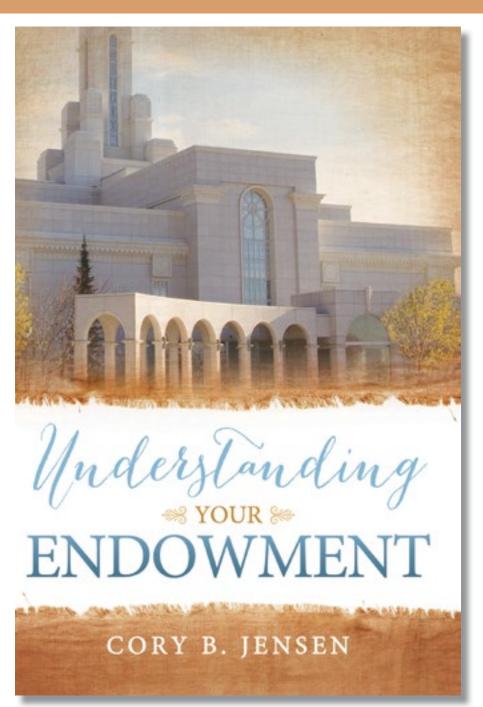
If you're invited separately, then you need to bring a gift. However, if your family is invited and you do not receive your own invitation, then one gift is good.



## REMEMBER

Don't forget the most important thing to remember is that the wedding is not about you. It's the bride and groom's special day.

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— Sherrie, The Exponent

## FRIENI ZONE



By Devynn MacLennan

he friend zone is the awkward twilight zone that keeps people from advancing their friendships to a romantic level. Most people have experienced the common yet tragic tale: they start falling for someone, but then quickly have their hopes dashed because the other person simply doesn't see them in a romantic context.

> Being friend-zoned can be terrible, but to the friend zoner it can be a useful tool. The difficulty arises when fears of friend zoning not only ruin any chance of a romantic relationship, but a chance of a friendship as well.

> To save people from hurt feelings while also making someone aware they are in the friend zone, some use the avoidance method or time as their weapon. However, the strategy of "I'll just wait it out" doesn't work because people won't get the hint.

> "Friend-zoning to some people is like waiting in a doctor's office waiting room," said Chase Johnson, a senior majoring in advertising. "They just think that one day their number is going to be called. But unlike the doctor's office, it never will. So they should really just walk out."

> So what's the best way to friend zone someone and still keep a healthy friendship?

> > While blatantly talking about the rela-

tionship status might seem premature or out of someone's comfort zone, a simpler approach is to let him or her know the relationship is purely platonic by using friend-affirming actions.

"I think talking about other boys, dates you've been on, mentioning setting them up on other dates and explicitly and often calling them 'friend,' definitely gives them the hint that you only want to be friends," said Mackenzie Knapp, a sophomore from Provo. "High fives are the worst."

However, sometimes even that won't cut it. Some people need to be told while they're friendship is appreciated there is no chance of a romantic relationship. While holding off on that conversation may seem easier and potentially less hurtful, it may ruin any chance of a friendship.

"Let them know how you're feeling as soon as you know how you're feeling. Then you avoid any chances of leading them on which could damage potential to be friends down the road," said Garrison Wilkins, a freshman studying mechanical engineering.

Friend-zoning can be hard on everyone involved. It's necessary to communicate effectively so everyone is on the same page, and don't get their feelings hurt beyond repair.

## GETTING B A S

BY MADDISON DAYTON

hen it comes to matters of the heart, it's easy to let things get a little fuzzy. Love's battlefield has never been considered easy to navigate but there are a few basic tools a person can use to get through fairly unscathed:

## Accepting a Compliment

Accepting a compliment can be hard. Many fear that acknowledging that they look good, or that their hair is in fact quaffed exceptionally, will make them seem into themselves. However, the solution is simple. Dr. Jeffrey Hill, a professor in the Family Life Department, suggested that the best way to accept a compliment was to simply say, "Thank you! I appreciate that."

The answer is sincere yet humble. It allows a person to feel comfortable complimenting their date and it avoids the awkward and often uncomfortable self-deprecation that often follows a well intentioned compliment.

## Deciding Who Should Pay

On a planned date there is an unmistakable drop in the stomach when someone doesn't know who is supposed to pay. Good intentions aside, this moment has the potential to become a stumbling point on the date. There is an easy way to navigate this potentially awkward situation.

Tammy Hill, a licensed marriage and family therapist and adjunct professor at BYU, offered a simple solution: "Whomever is asking for the date should be the one who pays for the date," Hill said. "In steady relationships discuss fair distribution of payment for activities done jointly."

"If it is not understood it should be discussed before the date," said Jeffrey Hill.

Hannah Lowry, a sophomore at BYU, uses this technique to save her from embarrassing moments on dates. "I just find a causal, maybe funny way to bring it up," Lowry said. "I don't want my date to

feel awkward so I do my best to keep it light. I always go into a situation planning on it being me ... just in case.

## Friends and Family

Friends and family play a significant role in lives and can be a source of advice. Where matters of the heart are concerned, the people who care the most may be the most eager to get involved. However, ultimately the relationship is not theirs, so knowing how to involve them appropriately is key.

"You should introduce your significant other to family and friends when it is likely that you will become a couple," said Jeffrey Hill. "This is good to do before dating exclusively. Though you make the decision, if all of your family and friends have concerns about your significant other, there is probably a problem."

Go to friends and family for advice. However Tammy Hill warns to "be prepared to listen." Tammy Hill said when asking for advice, the response given may not be ideal, but it is important to listen to advice given from loved ones.

In addition, take their counsel into account, but make the decision for yourself.

"I love my friends and family and I know that they always have my back. But I do have to trust that I know myself well enough to make the final call when it comes to dating," Lowry said. "I will always take their advice into account, but it's important to me that I always listen to my feelings because I am the one who has to live with my decisions."

## Conversation

Good conversation is key to any functional date. "Everything can go horribly wrong, but if my date and I had a good time talking and had a lot of fun despite everything, it doesn't matter that the dinner was cold or if we got a flat tire," Lowry said.

So how do you become a good conversational-

## BACK TO I C S

ist? "The main thing is to talk about your date, not about yourself," said Jeff Hill. Actively listening to your date is also essential. This means maintaining eye contact and communicating back, verbally and nonverbally.

Another key tip: "Read and have some thoughts about issues of the day," said Tammy Hill. By keeping yourself up to date and aware, you not only show your date that you stay informed but you always have a conversation topic in your back pocket. This also helps you avoid being the only one on a group date who is unable to contribute to a conversation.

Above all, when conversation lulls, do not pull out your phone. Phones should be turned off and should only be used in emergencies.

"It is the height of rudeness to be checking social media on a date or texting someone else," said Jeffrey Hill.

Although you may feel awkward, resist the urge to pull out your phone. It will let your date feel valued and more comfortable.

## **Hanging Out**

Jeffrey Hill said that the only appropriate time to be hanging out rather than dating is before knowing a person's name and phone number.

It can be hard to transition from aimlessly spending time together, but when you really care about a relationship you should be willing to put in time and effort to plan things for you to do together.

"If I really like a guy; I make an effort to show him, not just tell him and a lot of the time I do that by helping us make plans," Lowry said. "It doesn't have to be big or grand—maybe we just plan a movie night with friends—but the effort put in by both of us helps the other person feel important."

Avoiding ample amounts of unplanned downtime shows a significant other that they are valued. Hanging out with a person may feel easier or less stressful than going out on a limb and asking someone on a date, but may not be enough to cultivate a relationship.







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### Streetwear is all about wearing basic pieces well.

Choose high-quality items you can mix and match. Go with simple and dainty pieces when accessorizing. You don't want to overwhelm the outfit; you want to compliment it.

By going with the basics, all eyes will be on you because you will look your best and feel it too.

### Color

Don't go color crazy. Keep colors simple with white, black and grey. If you want a color, go with a muted tone but keep the colors in the same family. This mixture of colors can stand alone or together because of the simplicity.

Warmer weather allows layering, a perfect compliment to the simplistic and versatile color palette. A more simplistic color palette allows versatility in your wardrobe and provides you with a classy ready to go look.

### Fit

Tailoring clothing is essential. It doesn't matter how many pieces of clothing you own if the pieces don't fit well. It is more practical to tailor two pairs of good jeans than purchase five pairs of ill-fitting jeans. Clothing that fits well makes people look more polished, put together and attractive.

Photos by **ARI DAVIS** 

Styling by
VICTORIA WILKINS
and
DEVYNN
MACLENNAN







### Girls don't like when guys wear:

Swim shorts when not swimming

Flip flops with jeans (or ever) Running shoes with jeans and a nice shirt

Flood pants



Baggy jeans or saggy pants



### The Evolution

BY VICTORIA WILKINS

as there ever been a person who does not immediately strike another as exceptionally attractive, but after spending some time with them, becomes better looking?

Dr. Lori Schade is an adjunct with BYU's Marriage and Family Therapy graduate program and is a marriage and family therapist, specializing in couples therapy at Suncrest Counseling. Schade said attraction plays a huge role in dating because it is the driving force between two individuals. In other words, people want to date people they are attracted to.

"Physical attraction embodies how drawn we are to certain individuals, based maybe initially on their physical attractiveness, but in longer and deeper relationships, it includes a lot more qualities," Schade said.

Other qualities that draw individuals together include a sense of humor, kindness, consideration and responsiveness. Both physical attractiveness and other qualities that attract individuals differ from person to person. For this reason, a classically good-looking person does not attract everyone they come in contact with.

"Many people can think someone is physically attractive, but they may have other qualities that actually repel, rather than attract, the other individual, such as sarcasm or selfish-

### of Attraction

ness," Schade said.

James Dee Higley, a BYU psychology professor, teaches an introduction to psychology class and focuses one topic in the class around the question, "Why do I fall in love?" Higley said that physical attractiveness is the beginning determinant if we date someone and fall in love with that person.

Higley said there are two predictors that people will date and fall in love. The first is being in close proximity to each other. The closer two people live, the more likely they are to date. The second predictor is the level of attraction. Levels of attraction are measured on a scale from one to 10, with 10 being the most attractive. Higley said that an individual with an attractive level of seven will date others with a level of seven on the attraction scale.

"This may be why a pretty girl will stay home with no date on a Friday night," Higley said. "Because a five is too nervous to ask someone with a higher attractive scale, for fear of rejection."

While attractive scales often determine who will date, it is important to remember that a person's physical appearance is not the only factor that affects a person's appeal. Looks are not everything, and this is especially true with dating and courtship.

# One of the mimportant de young adult

### is who they choose to marry.

It is a decision that can cause worry and stress. Deciding who to be with forever is a daunting task.

Often the fear is of choosing the wrong person—or the possibility of finding out too late that the person is not who they seemed to be.

Michael Goodman, BYU associate church history professor, teaches a class about the eternal family. One concept Goodman focuses on is determining which characteristics are necessary but not sufficient when dating a person.

A person's personality traits may be a necessity for a partner, but personality traits will never be sufficient reason to marry. Character traits a person has are much more important than personality traits.

Goodman also said that people need to differentiate between what is necessary and what is sufficient when deciding whether to deepen a dating relationship. Desirable personality Prof. Michael Goodman provided the following couplets to illustrate the difference between personality traits and character traits: She married him because he was fun and romantic.

She divorced him because he was irresponsible and lazy.

traits are important, but not a sufficient "Meaning, you won't develop a relamarriage basis. "Meaning, you won't develop a relamarriage basis."

The ability to determine between personality and character traits is an important skill to develop.

"This ability can go a long way in minimizing the possibility of marrying someone who seems so wonderful only to find out that they were not who we thought they were in the beginning," Goodman said.

Personality traits are amoral, or morally neutral, by nature. Because personality traits are not good or bad traits, they can be viewed positively or negatively.

"For this reason, personality traits may be necessary to you," Goodman said. "Meaning, you won't develop a relationship with a person who does not have that personality trait, but it can never be a sufficient reason to marry someone."

Rather than seeking personality traits when choosing a person to marry, people should look for character traits, Goodman said.

"Personality traits tell you very little about a person's character – which is what you need to know before deciding that you want to spend eternity together," Goodman said.

Goodman further explained that character traits, unlike personality traits,

are moral by nature. Rather than the ability to be used to bring someone up or tear them down, character traits tell about the enduring nature of a person.

A person might decide they only want to marry a person who is intelligent. But intelligence is a personality trait, and an insufficient reason to marry. How a person uses their intelligence is a character trait. If they use it to help another learn, it is a good trait; If they use it to make others feel insignificant or small, it is a bad trait.

Elder Richard G. Scott of the Quorum of the Twelve spoke in the April 1999 General Conference and gave advice on character traits to seek.

# ost ecisions a will make

### He married her because she was such a beauty.

He divorced her because all she thinks about is her looks.

"As you seek an eternal companion, look for someone who is developing the essential attributes that bring happiness: a deep love of the Lord and of His commandments, a determination to live them, one that is kindly understanding, forgiving of others, and willing to give of self, with the desire to have a family crowned with beautiful children and a commitment to teach them the principles of truth in the home," Elder Scott said.

Each of the character traits Elder Scott listed lead to goodness and true love. If they are not used in a negative way, they lead to happiness.

As a dater, a person should look for essential character traits in potential suitors. Assessing a person's character traits can take some time, Goodman said, because it is crucial to witness how a person acts in a variety of situ-

"You don't want to marry someone who is currently acting kind; you want to marry someone who is kind by nature," Goodman said. "Current behavior, though very important and necessary, is not a sufficient way of determining the character of a person."

A person who is kind and thoughtful may be a necessary prerequisite for marriage, but it is not sufficient if a person is kind only in a one-on-one

She married him for his frugality and creative dating.

She divorced him because he was such a tightwad.

situation. Although a person may be kind to a certain individual, it does not mean that the person is truly kind. It is vastly more important to evaluate how a person treats all people. Determining the character of a person will be helpful in knowing how a person will react in a number of different situations.

"The key to judging character in relation to our fellow man lies in how we treat others we are not trying to impress," Goodman said. "Especially important is how we treat others we are not currently pleased with as well as how we treat our family."

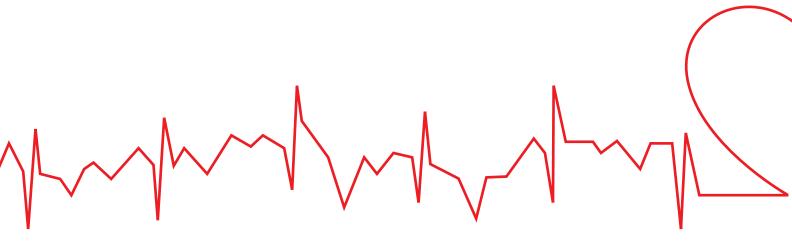
In order to know if a person is sincerely a kind, charitable, honest, spiritual,

forgiving or selfless person, observe how they interact with those they are not so concerned with impressing. If the person is kind to friends, family members, roommates and strangers, this will tell much more about their character than how they treat the person they are trying to court.

People should decide which characteristics are essential to them in a spouse and then determine if the person they are dating is that kind of person. The ability to differentiate a person's character and personality traits will help a would-be spouse determine whether the person they are dating is someone they would like to marry.

-Victoria Wilkins

# Pacing a



and other areas with a high concentration of young Mormons have their own culture regarding dating and marriage. Young Mormons are known for accelerated dating: "I love yous" being thrown out in weeks, an engagement within months, and a wedding thrown in somewhere during the winter or summer breaks.

But why is it different? Is the "fast paced dating scene" a good thing? And what is the best way to pace a relationship?

"Dating as an LDS student is different than dating at other colleges because we come from a perspective of ordinances, and marriage is first and foremost an ordinance," said Guy L. Dorius, a BYU Religious Education professor.

Because of this, priorities for an earlier marriage are encouraged from professors and even other students.

"The culture of dating at BYU is that you can only date for love and marriage and you're wasting your time if you're not dating someone with the goal of being married," said Jordan Blackhurst, a junior from Las Vegas. "This causes stress on a relationship and forces it to go at a rate where you don't have the time to really get to know someone."

It's obvious that dating and marriage play a significant role in the social culture at BYU. Marriage courses like

# Relationship BY DEVYNN MACLENIAN



"Eternal Families" and other similarly themed classes are offered to students, and on-campus housing is available for married student couples.

"Couples rush progression so they can gain that title of status," says Lexi Nilson, an illustration major from Highland. "I think people want to be in a relationship just to be in one because that's what's expected of them," she said.

Since relationships are so heavily emphasized, the desire to be in one is significant, which leads to people rushing relationships because of social pressures. However, because of the culture's unique views on marriage, this emphasis could be expected.

"We're marrying for different reasons than the world,

which will make our pacing different than the world's," Dorius said.

Latter-day Saints' pacing is normally different. But what makes a perfect amount of time before he buys the ring? How fast is too fast? And is there a way to tell?

"It's necessary in a relationship to pace it in a way that you're able to see people at their best and at their worst so you actually know what you're getting yourself into," said Shane Monrow, a sophomore from New Jersey.

This means pacing in a relationship could be completely different for different people. If two people grew up together and started dating, they probably know each other at a deeper level, and so their courtship might be shorter.

# Picnics for Every Time of Day

### Muffin Mix-It Up

Yields 24 muffins

1¾ cup flour ¼ cup sugar 2½ teaspoon baking powder ¾ teaspoon salt

1 egg, well-beaten ½ cup vegetable oil

Blueberry variation:

### 6 ounces fresh blueberries

Banana nut variation: 2 mashed bananas ½ cup chopped walnuts

### Orange marmalade variation: 1/3 cup orange marmalade 2 cups powdered sugar 1/4 cup milk

Combine dry ingredients in small bowl. Combine wet ingredients in larger bowl. Add dry ingredients to wet mixture until combined. Do not over mix. Add blueberries or bananas or marmalade. Top banana muffins with nuts after batter is poured into muffin tins.

Bake at 350 degrees for 12 minutes. To create glaze for orange marmalade muffins, beat powdered sugar and milk together glaze reaches desired consistency. Add milk or additional powdered sugar to get glaze to desired consistency.

### 2 Caprese Panini Yields 4 sandwiches

8 slices, white bread 2 large tomatoes 8 slices mozzarella cheese 16 leaves basil 4 tablespoons butter Salt and pepper

Heat pan on medium high heat. Butter two slices of bread. Assemble sandwiches with bread, then mozzarella, tomatoes, basil, salt and pepper, mozzarella, bread.

Grill sandwich with butter side down until golden and cheese has melted.

### 3 Chicken Salad Sandwich

Yields 10 sandwiches

Salt and pepper

10 mini croissants

1½ cups shredded chicken
breast

⅓ cup olive oil mayo

1 tablespoon sugar

1 teaspoon apple cider vinegar

2 stalks celery

⅙ cup red onion

⅙ cup dried cranberries

⅙ cup slivered almonds

Drain liquid from canned chicken and mix with mayo, sugar and apple cider vinegar. Add in chopped celery, red onion, cranberries and slivered almonds. Add salt and pepper to taste. Add ¼ cup mixture to each small croissant horizontally sliced.



### Mandy Ray's Quiche

Yields 8 slices of quiche

- 1 package frozen pie crust 3 large eggs
- 1 cup shredded cheddar cheese

1 cup chopped bacon 1 tablespoon fresh chives 1 teaspoon salt 1 cup milk ½ cup cream

Cook pie crust for twenty minutes at 350 degrees. Use pie weights to keep bottom of crust flat. Whisk eggs in medium bowl then add cream and milk and beat until color and texture is consistent.

Beat in chives and salt. Layer bacon and cheese at bottom of pie crust then gently pour egg mixture on top. Add extra cheese if desired. Bake for 40 minutes at 350 degrees.

### **5** Very Berry Pie Yields 8 slices of pie

2 frozen pie crusts 2 pounds fresh strawberries 6 ounces fresh raspberries 6 ounces fresh blackberries 6 ounces fresh blueberries ¼ cup cornstarch ¾ cup white sugar

Wash and dry fruit. Combine in medium bowl. Whisk cornstarch and sugar together in separate bowl, then gently spread over fruit. Let fruit mixture sit uncovered for forty minutes; texture will become wet.

While fruit mixture rests, cook the bottom pie crust for 20 minutes at 350 degrees (use pie weights to keep the crust flat on bottom).

Remove pie weights once crust is cooked. Divide top piecrust into inch-wide strips for lattice top. When fruit is ready, pour mixture into baked piecrust. Weave the lattice top and bake for 38 minutes at 350 degrees.

MADDISON DAYTON





# TO POSSIBILITIES

BY WHITNEY HALES

ut thousands of collegeaged LDS singles in one city and the result is predictable: Provo is obsessed with dating. Some students fill their social calendar with several dates per week; others rarely go out.

So what can men and women do to put themselves on the market in Provo? Here are a few simple ideas.

### **GET INVOLVED**

Classes. Ward activities. Intramurals and clubs. In Provo, there's no shortage of ways for students to meet potential dates.

Katie Maxwell, a nursing major from Draper, Utah, took social dance two years ago and compared her experience to a semester-long round of speed dating.

Everyone knew each other, and this made it easier for people to ask out other people in the class,

Maxwell said. She went hiking, attended performances and got dinner with various classmates.

"If you get involved, you have more opportunities to meet new people," Maxwell said. "You can meet them if you go to one activity, but if you go to more than one, you can actually get to know them."

### COMMUNICATE WELL

Jordan Christensen, a mechanical engineering major from Cedar Hills, Utah, said it's important to have good conversations with other people.

"I like people that are easy to talk to, not necessarily that I have tons in common with, but that they act interested in the things I do," Christensen said. "They like to have fun, and they're more happy, upbeat people."

He said sometimes many

students in Provo overthink and complicate dating, but it doesn't actually have to be that difficult.

"People get so worried about what other people are going to think or if their date's a good idea," Christensen said. "Just do it."

### BE OPEN TO BLIND DATES

Everyone knows people who know people who know people, and many students love the idea of matchmaking.

Makenzie Haynes, an anthropology major from Rupert, Idaho, went on several blind dates last semester.

> She said not knowing what to expect is both the best and worst part about being set up with people.



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JESUS CHRIST OF LETTIR GAT MONTH	JESUS CHRIST OF LETTINGER SOUTS	JESUS CHRIST or Lettin for sport
ELDER JENSON	SISTER OXSPRING	ELDER CALL
JESUS CHRIST	JESUS CHRIST	JESUS CHRIST
OF LICTIO DIE SONTS	or Lette de sorts	or Lettre one septs
Sister Tanner	ELDER MILLER	elder despain
JESUS CHRIST OF LETTIN-ONE NONTS	JESUS CHRIST or Lettle der sexts	JESUS CHRIST OF LETTIN ONE NIGHTS
SISTER ENGLAND	ELDER CARTER	SISTER MANGUM
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SISTER WILKINS	ELDER BEARD	ELDER RUSSELL
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ELDER TERRY	SISTER BENNY	ELDER HOLMAN
JESUS CHRIST OF LETTIN ONE DIGHTS	JESUS CHRUST OF LETTIN-ONE SONTS	JESUS CHRIST OF LICTIO DEI DONTE
ELDER DEARDEN	SISTER WAITE	ELDER SANDERS
JESUS CHRIST OF LETTIN CHE SIGNED	JESUS CHRIST OF LETTIN CHE SONTS	JESUS CHRIST OF LETTIN ONE SENTS
ELDER DANIELS	SISTER HILL	ELDER FERRELL
JESUS CHRIST OF LETTIS ON SOUTH	JESUS CHRIST OF LETTIS CHE SONTS	JESUS CHRIST OF LICTIO DIE SIGNES
ELDER NEWBOLD	HELLO	ELDER McGARY
JESUS CHRIST OF LICTID-ONE DON'TS	Kinsey	JESUS CHRIST OF LETTIS DEL DONTS
ELDER WALKER	SISTER SMITH	ELDER PRESTON
JESUS CHRIST or Lettle-der south	JESUS CHRUST OF LICTUS due sports	JESUS CHRIST OF LICTUR DIE BOOTS
ELDER JONES	SISTER WILSON	ELDER STANFORD
JESUS CHRIST OF LETTIN ONE DIGHTS	JESUS CHRUST OF LETTIN-ONE SONTS	JESUS CHRIST OF LETTIS DEL DIGNETS
ELDER PRESTWICH	SISTER SNOW	SISTER MENHER
JESUS CHRIST OF LATTIN CHE SIGNED	JESUS CHRIST OF LETTIS CHE SONTS	JESUS CHRIST OF LETTIS CHE SQUITS
ELDER WATKINS	ELDER STAPLEY	SISTER WILCOX
JESUS CHRIST or Lettle der soots	JESUS CHRIST OF LETTIS DEF SONTS	JESUS CHRIST OF LICTIO DIE SIGNED
SISTER FERRELL	ELDER HEATH	ELDER BINGHAM
JESUS CHRIST OF LETTIN-THE MONTS	JESUS CHRIST	JESUS CHRIST OF LETTE DET SONTS
	OF LATTIN CHE INSKTS	20 - 10 C - 10 C C C C C C C C C C C C C C C C C C
ELDER CAMPBELL	ELDER DAVIS	SISTER GODWIN
ELDER CAMPBELL		SISTER GODWIN
JESUS CHRIST SISTER GONZALEZ	ELDER DAVIS  JESUS CHRUST  ELDER WINTER	JESUS CHRIST SISTER HEBERTSON
THE CHESICS OF JESUS CHRIST OF LETTIR-DIR SIGNTS	ELDER DAVIS	THE CHRIST OF LICTURE ON MONTH
JESUS CHRIST SISTER GONZALEZ JESUS CHRIST	ELDER DAVIS  JESUS CHRIST  ELDER WINTER  JESUS CHRIST	JESUS CHRIST SISTER HEBERTSON JESUS CHRIST

# LOOKING BEYOND the Nametag

ome people assume that a returned missionary, boy or girl, is at a higher degree of righteousness and perfection, which then makes them datable without caution. Although most returned missionaries are disciplined, outward focused and spiritually converted, there are some who gained nothing more than a few funny stories and two years tacked onto their age.

"Everybody comes back from their mission changed. However, the degree to how much they've change is different," said Robbie Dorius a senior studying communications. "It's easy to tell within the first three months if that change will be long lasting or just a temporary change."

It is important to not be overconfident by the title "returned missionary" when dating a person. A missionary tag attached to someone's scripture case might blind someone they don't know in the assumption they are perfectly datable. Although serving a mission is admirable, people still need to decipher what is necessary in dating someone and figure out their true character.

"People are really good at putting on a good face for the first few dates, that's why you have to really get to know someone before committing yourself to a relationship," said Kenzie Knapp a junior studying philosophy.

Dorius said it's really

important to observe people to determine their character. While some people can be blinded by the return missionary title, others may not even consider dating those who didn't serve.

& Victoria Wilkins

Elder Jeffery R. Holland of the Quorum of the Twelve spoke at the Face to Face with Young Single Adults in March 2016. He answered a question discussing the topic of young women who haven't served missions, and the social consequences that result from it.

"What we're dealing with here is the worth and wonder and beauty of human beings and choices being made and agency that exists," said Elder Holland.

Although Elder Holland was directing his answer towards young women, the same thing can be said for young men.

Elder Holland continued by saying, "We do not want anyone to feel inadequate or left out or undignified or tarnished because she did not serve to a mission. We are a little irritated with young men (and women) who say, well I'm not going to date you because you didn't serve a mission."

Relationships should be built on communication and getting to know who a person really is. Get to know their passions, their goals, who they are now and who they want to become.

"Don't just look at their resume or the things that they've done. Look at who they are as a person," Knapp said.



# **+Date** Ideas



Relationship status

First date Dating

✓ ✓ Serious dating

### Expense

free No charge

Affordable \$

\$\$ Moderate \$\$\$ **Expensive** 

Need car/transportation Long date

Short date Group date

### First Dates . . . . . . . . . . . . . . . . 52 Food Adventures ...... 52 Free ...... 62 Ice Cream, Yogurt, Desserts . . . . 54 Learning . . . . . . . . . . . . . . . . . 57 Local Events.....58 Local Parks......50 Local Theaters.....56 Movies ......56 On Campus..... 57 On Campus Performing Arts ... 57 Outdoors . . . . . . . . . . . . . . . . . 50 Performing Arts ......60 Restaurants . . . . . . . . . . . . . . . 53 Serious relationships . . . . . . . . . 60

Active ......49

### **Active**

### Go ice skating at Seven Peaks Ice Arena

The perfect excuse to accidentally grab her hand as you lose balance on the ice.

100 N Seven Peaks Boulevard, 84606. 801-852-7465

**V**\$ 📻

### White water rafting on the Provo River

Head up to the Provo River and rent a tube, kayak or raft. High Country Rafting 3702 E Provo Canyon Rd, 84604

**♥♥\$\$** 🛭 🖨 ††††

### Zipline in Provo Canvon

Soar across the treetops and take in stunning views of Mt. Timpanogos and the Provo River.

High Country Adventure, 3702 E Provo Canvon Rd. 84604. 801-224-2500

highcountryadventure.com

♥♥\$\$\$ X 😝

### Sailing lessons from Bonneville School of Sailing

Discover sailing on Utah Lake while enjoying the beautiful water and views.

North Dock Utah Lake State Park Marina, 4440 West Center Street, 84601. 801-636-5204

**♥♥\$\$\$ ¥** <del>=</del>

### Participate in an exercise class in the RB

Take a date to a fun, affordable and uplifting casual fitness class. Go to RB 112 to purchase your wristband

\*\*\*

### Fish along the Provo River

Likely to catch rainbow trout, brown trout and mountain white fish. Get your fishing license at wildlife.utah. gov

♥free ==

### **Rock climb at The Quarry**

The Quarry in Provo is a popular rock climbing facility. 2494 N University Parkway. Provo, UT 84604 (801)418-0266

**V**\$ 📻

### Walk the boardwalk at **Bicentennal Park**

Bicenntenial Park in South Provo has a boardwalk through the wetlands.

♥free 😑

### Active (continued)

### Sign up for a mud run

Go running through mud and other obstacles. Dirty Dash is June 4. mudrunguide.com

**♥♥♥\$\$** \\

### Go 4-wheeling

Plenty of trails thoughout Utah. You can rent an 4-wheeler and enjoy the outdoors.

**♥\$\$** 🛭 📻

### Canoe the Provo River

Rent a canoe at CLAS Ropes Course or Outdoors Unlimited.

♥♥\$ X 😝

### Go snorkeling at Midway Crater

Call 435-657-3840 or email thehomesteadcrater@gmail.com to make a reservation.

♥♥\$\$ X 😝

### Go horseback riding through **Sundance Horseback tours**

Call Boulder Mountain Ranch at 1-866-683-5819 for reservations.

♥\$\$ X 📻

### Go repelling

Gear available at BYU's Outdoors Unlimited, 2201 N. Canvon Rd.

**Local Parks** 

Spring Hollow Rd. 30 min. drive.

2400 N. Carterville Rd. 1 min. drive.

**Bicentennial Park** 

1440 S. 1600 East

**Big Springs Park** 

**Carterville Park** 

Exchange Park

♥free 🖊 🚍

♥free 🏻 🖨

♥free 🖊

♥free 🖊

♥♥\$ X 😝

### Go to an archery range

Jake's Archery, 765 S. Orem Blvd., Orem **V**\$ 📻

### Go to a shooting range

Ready Gunner, 154 N. Draper Lane.; Rangemasters of Utah, 712 W. 1300 N., Springville.

•• 🛊 •

### Rent a Segway at **Thanksgiving Point Gardens** 3900 N. Garden Drive, Lehi.

**♥\$\$\$** 🛭 📻

### Go parasailing at Deer Creek

Highway 189. Deer Creek Reservoir. Heber, 435-654-2155

♥♥♥\$\$\$ X 😝

### Train for a race

Go to utahrunning.com to find a race.

♥♥♥free 🏻

### Mountain bike

Gear available at Outdoors Unlimited. 2201 N Canvon Rd.

200 N. 2050 West Geneva Rd. 13 min.

820 N. 1100 East. 4 min. drive.

950 W. 1280 North. 10 min. drive.

### Go to the Provo Beach ropes course

4801 N. University Ave.

**Fort Utah Park** 

♥free 🖋 🚘

♥free 🖊

**Lions Park** 

♥free 🖊 🚍

**Kiwanis Park** 

**♥\$** 🎖 📻

drive.

### Visit the East Bay Golf Course driving range

1860 East Bay Blvd. 801-852-7529

### Hike to the Spanish Fork hot springs

Trail starts on Diamond Fork Road in Spanish Fork Canvon.

♥♥free 🏻 😝

### Go to the Saratoga hot springs

Near Lehi, west of Utah Lake, Take I-15 to Pioneer Crossing then Redwood Road to Centennial Boulevard.

♥♥free 🏻 😑

### Trampoline gym

Lowes Xtreme Air Sports, 1111 W. 100 South; Get Air Hang Time, 1340 Sandhill Rd., Orem.

### Play tennis

Take ping pong to the next level and actually play the game the way it was meant to be played, on a court.

♥♥free 🖊

### Go boating

Rentals available at Outdoors Unlimited and other locations.

500 N. 500 West. 5 min. drive.

**Paul Ream Wilderness Park** 

1600 W. 500 North. 10 min. drive

2620 N. 1200 East. 6 min. drive.

•• X X 👄

North Park

♥free 🖊 🚍

♥free 🖊 🚍

♥ free 🖊 🚍

**Rock Canyon Park** 

### Hike

### **Battle Creek Falls**

date will never forget.

♥♥♥\$\$\$ X 😝

FootGolf at East Bay

Love golf? Love soccer? Indecisive?

Combine the two and try out this

Golf at East Bay Golf Course

Show off your game and show her how

Go indoor skydiving at Ifly Utah

skydiving (sort of). Make it a day your

Cross off a bucket list item and go

**Golf Course** 

unique sport.

♥\$ X 📻 †††

♥\$\$ X ¯<del>==</del> ††††

to swing.

1.8 miles

♥free 🏻 🖨

### **Big Springs Hollow**

5 miles/1.5 hours hike

🕶 free 🛭 🖨

### **Bridal Veil Falls**

0.2 miles/0.5 hours

♥free 🏻 🖨

### Mt. Timpanogas

12.7 miles/8 hours

VVV\$ 🛭 🖨

### **Red Pine Lake Trail**

7.3 miles/4 hours

♥♥♥free 🏻 🚍

### **Rock Canyon Trail**

5.3 miles, 3 hours

🕶 free 🛭 😑

### Squaw Peak Trail

7 miles/5 hours

🕶 🕶 free 🛭 🚍

### **Stewart Falls**

4 miles/2 hours

🕶 free 🛭 📻

### **Timpanogos Cave**

3 miles/2 hours

**♥\$** 🛭 📻

### Y-Mountain

2.4 miles/1 hour

♥free 🖊 🚍

### **Outdoors**

900 N. 750 West. 5 min. drive.

### **Seven Peaks**

🕶 🗴 🛣 🚘

### **Provo Recreational Center**

**\*\***\$

### **Bridal Veil Falls**

♥free 🚍

### Hike the Y and watch the sunset

♥free 🖨

### Go sailing with a guide at the Lindon Marina

You and other couples get to take a nice evening cruise on a sail boat,

dinner included. Friday nights from Memorial Day to Labor Day.

♥♥\$ X 👄

### Go to a fruit orchard and pick fruit, picnic afterwards

**V**\$ 📻

### Watch a meteor shower

♥free 
¥

### Make a bonfire and roast smores

### Have a picnic outside







Located in Orem South of UVU, across from Walmart www.GetAirHangTime.com

### **First Dates**

### **Comedy Sportz**

36 W. Center. 801-377-9700

**V**\$ =

### Play glow in the dark mini putt or laser tag at Laser Assault

264 S. 100 West. 801-374-3400

**V**\$ =

### Paint your own ceramics at Color Me Mine

5033 N. Edgewood Dr. 801-434-4848

♥\$\$ ¥ 🚍

### **Humor U**

Shows are in the Maeser Building. Follow Humor U for updates on show dates.

♥\$ 🏻

### **Go to Nickel City**

1515 S. State St., Orem. 801-802-8555

**♥\$** / <del>=</del>

### Go bowling at Fat Catz

1200 N. University Ave. 801-373-1863

**y**\$

### Rent a puppy

Cuddle and pet these furry balls of energy with your date.

puppiesforrent.com

₩\$

### Visit a pet store

Talk about childhood pets and possible pet names while looking at the guinea pigs and snakes.

♥free 🖊 🚍

### Carve a watermelon

Who needs pumpkins when you have watermelons? When you are finished you can eat your creation.

₩\$

### Buy coloring books and color

Nostalgically color while talking about the "good ol" days" with each other.

**♥\$** ₩

### Make clay and sculpt

Find a salt dough recipe, sculpt it and let it dry before painting.

₩\$

### Progressive dinner with friends

Each couple is in charge of a meal, go from one house to another.

**♥\$** 🛭 📻 ††††

### Go ice-blocking

Buy a large chunk of ice and slide down a grassy hill. Buy two blocks and race.

**V**\$

### Design something out of Post-it Notes

Make pictures and patterns to display in your window or on your wall with sticky notes.

₩\$ N

### Create balloon paint art

Create masterful pieces of art by filling balloons with paint and throwing darts

at them.

♥\$

### Go to a park and be kids again

Push each other back and forth on the swing and go down multi-colored slides.

♥free 🖊

### Make or design the handle of a spoon

Buy clay that can be baked, mold it and design the clay around the spoon's handle. When finished back the spoons in the oven so the clay will set.

**7**\$

### Have fun with spray paint

Spray paint street art on cardboard with stencils.

₩\$

### **Explore**

### Freedom Festival

Provo hosts events from late June to Independence Day.

**♥**free/\$\$ 🛭 👄

### Take a self-guided historic Provo buildings walking tour

Information about buildings is available at utahvalley.com

**♥**free

### Take the Downtown Provo Gallery Stroll

The first Friday of every month Provo art galleries are open late. Live music and refreshments.

**♥**free

### **Take the Heber Valley Train**

450 S. 600 W., Heber City, 84032. 435-654-5601

**♥\$\$** 🛭 🖨

### Go on a ghost bus tour

Explore Salt Lake with paranormal experts and learn about the haunted history all around you.

♥\$ 🏻

### Go antiquing

You can find a wide variety of interesting items and make some special memories. Cats Cradle, 168 Center; Block 100 Antiques 145 N. University Ave.

**\*\*\***\$ =

### Go to the lake

Utah Lake to the west or Deer Creek Reservoir in Provo Canyon.

♥♥free 🖊 🖨

### Drive the Alpine Loop

Enjoy the great outdoors in your backyard. You can take stops during the loop and take hikes. American Fork Canyon, Hwy. 92; through Uinta National Forest to Provo Canyon, Hwy. 189.

♥♥free 🎖 📾

### Visit the Cathedral of the Madeleine

Salt Lake's beautiful Catholic cathedral where you can enjoy the art, the organ, and all-around beauty of the cathedral. 331 E. South Temple, Salt Lake City.

♥free 🛭 🖨

### Visit the Hill Air Force Base Aerospace Museum

See old and new war planes. 7961 Wardleigh Rd., Hill AFB. Open 9 a.m.-4:30 p.m. 801-777-6818

\$ ☒ 👄

### **Visit Hogle Zoo**

Visit the animals and learn something new. 2600 Sunnyside Ave. S., Salt Lake City. 801-582-1631

**♥**\$ 🛭 📻

### Visit the Springville Museum of Art

See the great work of local artists and the museum's collection. 126 E. 400 S., Springville. 801-489-2727

♥free 👄

### Visit the Tracy Aviary

Located in Liberty Park in Salt Lake City. See the exotic birds and learn something about their world. 589 E. 1300 S., Salt Lake City. 801-596-8500 tracyaviary.org

♥\$ X =

### Visit The Living Planet Aquarium

See the wide variety of sea creatures. 12033 Lone Peak Pkwy., Draper. 801355-3474

thelivingplanet.com

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■

### Visit The Museum of Ancient Life

Learn about dinosaurs and other ancient life. 2929 N. Thanksgiving Way, Lehi. 801-766-5030

♥free 🛭 🖨

### Go on a mini-road trip and explore the area

♥♥free 🛭 🖨

### Visit the Crandall Historical Printing Museum

Learn about the history of printing and the academic revolution from Gutenburg to modern times. Call for appointment. 275 E. Center. 801-377-7777

♥free 😑

### Play Hide and Seek in IKEA

67 W. Ikea Way, Draper. Open 10 a.m. – 9 p.m. 888-888-4532.

♥free 🛛 🖨

### Visit the Castle Amphitheatre

Center Street in Provo east of the church and hospital.

🛡 free 🛭 🖨

### Visit one of Utah's five National Parks

Arches, Zion, Capitol Reef, Canyonlands, Bryce Canyon

**♥♥\$\$** 🛭 🖨

### Visit the Utah Museum of Contemporary Art

20 West Temple, Salt Lake City.

### **Food Adventures**

### A fake night in Paris or Rome

Decorate your apartment like foreign country, and have a friend be a waiter with accent and eat foreign foods.

•

### Buy food at a farmer's market and cook dinner

♥\$\$ ¥ 🖨

### **Make fried ice cream**Or other unique treats. Try your hand

at foreign desserts.

LaVell Edwards Stadium Farmers Market Thursday afternoons beginning in late July.

**♥**free

### Try new foods

Go to the grocery store and buy food neither of you have ever eaten. Prepare and eat it at home

•• ¢

### Seek out a market with free samples

♥free 👄

### Snapchat scavenger hunt

Plenty of different scavenger hunts to find online, go complete and then publish to your Snapchat story.

**♥**free

### Restaurants

### 180 Tacos

Tacos. 227 W. Bulldog Blvd. 180tacos.com

### 

Antonella's Artisan Bread Cafe Bakery, sandwiches. 154 S. State St.,

Orem. 801-244-1899 **♥\$** / <del>=</del>

### Aubergine and Company

Juice bar, fruit bowls. 1365 S. State St., Orem. 801-224-7484

### **♥\$\$ /** <del>=</del>

### The Awful Waffle

Breakfast. 602 E. 600 North. 801-655-4110

### **♥\$\$** / ∈

### **Bajio**

Mexican grill. 4801 N. University Ave., Suite 760. 801-224-6668

### **♥\$** // 🚍

### **Bangkok Grill**

Thai. 338 E. 800 South, Orem. 801-434-8424

### **♥\$\$** ∑ 📻

### Black Sheep Café

Southwestern, modern American. 19 N. University Ave. 801-607-2485

### **♥\$\$** 🛭 👄

### **Bombay House**

Indian. 463 N. University Ave. 801-373-6677 bombayhouse.com

### ♥\$\$ X 👄

### **Bowl of Heaven**

Juice bar, fruit bowls, 1283 N. University Ave. 801-607-2735

### **Brasas Mexican Grill**

Mexican. 2448 N. University Pkwy. 801-377-2565

### **♥**\$ *N* ⊜

### **Brassas Mexican Grill**

Mexican/Tacos. 238 W. 100 South. brassas.weebly.com

### **♥\$** № 🚍

### **Brick Oven**

Pizza, Italian. 111 E. 800 North. brickovenrestaurants.com

### **Burger Supreme**

Burgers. 1796 N. University Pkwy. 801-373-5713

### **♥\$** № 🚍

### Café 300

Breakfast, diner. 465 S. University Ave. **801-691-0218** cafeon300.com

### **♥**\$ // 🚖

### Cafe Rio

Mexican. 2250 N. University Pkwy. caferio.com

### 

### California Pizza Kitchen

Pizza, Italian. 575 E. University Pkwy., Orem. 801-765-1777 cpk.com

### ♥\$\$ X 👄

### Carrabba's

Italian grill. 683 E. University Pkwy., Orem. 801-765-1222 carrabbas.com

### **♥\$\$\$** 🛭 🖨

### Communal

European, American. 102 N. University Ave. 801-373-8000 communalrestaurant. com

### ♥\$\$\$ X 👄

### Cubby's Chicago Beef

Sandwiches, subs, vegetarian, barbecue. 1258 N. State St. 801-919-3023 cubbyschicagobeef.blogspot.com

### **DP Cheesesteaks**

Cheesestakes, sandwiches, subs. 1774 N. University Pkwy. 801-709-2996 dpcheesesteaks.com

### ♥\$ N 🚍

### El Gallo Giro

Mexican. 346 N. University Ave. 801-377-2571

### 

### Emanuel's Fresh Grill

Mexican. 520 N. 900 East. 801-960-9343

### **\$** \*

### **Firehouse Subs**

Sandwiches, subs. 64 S. Bulldog Blvd. 801-224-5800

### **Five Guys**

Burgers. 1051 S. 750 East, Orem. 801-765-7556 fiveguys.com

### **Four Seasons Hot Pot**

### and Dumpling

Chinese. 236 N. University Ave. 801-375-6888

### **V**\$\$ 📻

### Gandolfo's New York Deli

Sandwiches, subs. 18 N. University Ave. Suite 90. 801-475-3354

### ♥\$ N 🚍

### **Golden Corral**

Buffet. 225 W. University Pkwy. 801-225-6299

### ♥\$\$ X 👄

### **Great Harvest Bread Company**

Bakery, sandwiches. 1774 N. University Pkwy. 801-373-9816

### **V**\$ // 😑

### Green Panda Café

Vegetarian, Asian, smoothies. 3220 N. University Ave. 801-377-3466 ♥\$ 💉 😑

Mixed, healthy. 45 E. Center. 801-375-4878 guruscafe.com

### 🛡 \$ 💉 🚍

### Happy Sumo Sushi Bar

Sushi, Japanese, seafood. 4801 N. University Ave. 801-225-9100 ♥\$\$\$ ¤´<del>=</del>

### HonevBaked Ham

Deli. 384 W. University Pkwy. 801-224-6650

### **♥\$** ₩ 🚍

### Hruska's Kolaches

Breakfast, brunch. 434 W. Center. 713-962-9364 hruskaskolaches.com

### **Iggy's Sports Grill**

1087 S. 750 East, Orem. 801-434-7800 iggyssportsgrill.com

### ♥\$\$ X 👄

### India Palace

Indian. 98 W. Center. 801-373-7200

### **♥\$\$** 🛭

### **JDawgs**

Hot dogs. 858 N. 700 East. 801-373-3294 jdawgs.com

### ♥\$ ×

### **JCW's The Burger Boys**

Burgers. 396 W. 2230 North. 801-374-**5297** jcws.com

### King Kebab

Mediterranean. 1200 Towne Centre Blvd. 801-471-1874

### **Kneaders Bakery and Cafe**

Bakery, sandwiches, salads. 295 W. 1230 North. 801-812-2200 kneaders.com

### **KoKo Lunch Box**

Korean. 1175 N. Canyon Rd. 801-669-3468

### La Jolla Groves

American, French. 4801 N. University Ave. Suite 610. 801-224-5111

### ♥\$\$\$ X 👄

### Laura's Kitchen Restaurant

Mexican. 664 N. Freedom Blvd. 801-377-0880

### 🕶 \$ 💉 🚍

### **Marley's Gourment Sliders**

American grill. 4801 N. University Ave., Suite 860. 801-225-2720. marleys.com

### ♥\$ N 🚍

### Molly's

Barbecue. 735 W. Columbia Ln. 801-374-0879

### ♥\$\$ × <del>==</del>

### **Mountain West Burrito**

Mexican. 1796 N. 950 West. 801-805-1870 mountainwestburrito.com

### Nicolitalia Pizzeria

Pizza, Italian. 2295 N. University Pkwy. 801-356-7900 nicolitaliapizzeria.com

### 

### **Noodle King**

Vietnamese. 163 N. University Ave. 801-818-1028

### **♥\$** №

### **Noodles & Company**

Noodles. 62 W. Bulldog Blvd. 801-373-9670 noodles.com

### **♥**\$ *N*

### Old Spaghetti Factory

Italian. 575 E. University Pkwy., Orem. 801-224-6199 osf.com

### Olive Garden

Italian. 504 W. 2230 North. 801-377-0062 olivegarden.com

### P.F. Chang's

Chinese. 575 E. University Pkwy., Orem. 801-426-0900 pfchangs.com

### ♥\$\$\$ ¥ 🚍

### Pantrucas Chilean Restaurant

Sandwiches, Latin American. 3161 N. Canyon Rd. 801-373-9712 pantrucas.com

### Pho Plus

Vietnamese. 68 W. Center. 801-765-8808

### Pier 49 Pizza

Pizza. 3210 N. University Ave. 801-377-4499

Pita Pit Healthy, pitas. 1240 N. University Ave. 801-356-7482

### pitapit.com

### **Red Lobster**

Seafood. 1261 S. 800 East, Orem. 801-724-3500 redlobster.com

### **Rice King** Chinese. 275 W. Center. 801-818-2278

Rocco's Big City Deli Deli. 18 N. University Ave. 435-669-

### Romano's Macaroni Grill

Italian, Mediterranean, 4801 N. University Ave., Suite 50. 801-765-1688 macaronigrill.com

### ♥\$\$ **½** 📻

### **Rumbi Island Grill** Caribbean, Hawaiian. 62 W. Bulldog

### Blvd. 801-607-1120 rumbi.com **♥**\$ *N*

Saigon Café Chinese. 440 W. 300 South. 801-812-1173 saigoncafeprovo.biz

### Sam Hawk Korean Restaurant

Korean. 660 N. Freedom Blvd. 801-377-7766

### 🕶 💲 🖫 📻 Savory & Sweet

### Crepes. 182 W. Center, Orem. 385-

Se Llama Peru

625-2424 🕶 \$ 💉 🚍

### Latin American. 368 W. Center, 801-377-4792 ♥\$\$ 🛭 😝

Sensuous Sandwich Sandwiches, subs. 163 W. Center. 801-377-9244

### Restaurants (continued)

Shirley's Bakery & Cafe

Breads, sweet rolls, sandwiches, salads. 1620 N. Freedom Blvd. 801-375-8020 shirleysbakeryinc.com

Shoots

Chinese. 4801 N. University Ave., Suite 840. 801-225-0445 shootsrestaurant.com

♥\$\$ X 👄

Slab Pizza

Pizza. 671 E. 800 North. slabpizza.com

**♥**\$ *N* 

Station 22 Café

Modern American. 22 W. Center. 801-607-1803

station22cafe.com

♥\$\$ 🛭 😝

Sushi Burrito Utah

Sushi, Japanese, seafood, 283 E, 300 South. 801-377-0909

Taqueria El Vaquero

Mexican, tacos, 286 N 100 West, 801-607-2149

**♥\$** ₩ 📻

Terra Mia

Pizza, Italian. 1050 S. 750 East. 801-226-4757

♥\$\$ X 😝

Texas Roadhouse

Steaks. 1265 S. State St., Orem. 801-226-2742

texasroadhouse.com

**♥\$\$\$** 🛭 🖨

The Pizza Factory

Italian, 2230 N. University Pkwy, 801-812-0200

breadtwist.com

♥\$\$ X 😝

Two Jacks Pizza

Pizza, 80 W. Center, 801-377-4747 **\***\$ ×

Which Wich

Sandwiches. 1077 S. 750 East, Orem. 801-224-9424

whichwich.com

**♥\$** ៷ 🚖

**Zubs Subs** 

Sandwiches, pizza. 684 N. Freedom Blvd. 801-377-3994

♥\$ × 🚔

Soups, sandwiches. 408 W. 2230 North. cafezupas.com

**♥\$** // 🚖

### Ice Cream, Yogurt, Desserts

### **Baskin-Robbins**

29 E. 1230 North

**9**\$ ×

Bianca's La Petite French Bakery

90 W. Center biancaslapetite.com

**Bruges Waffles & Frites** 

42 W. Center brugeswaffles.com

♥\$\$ X 👄

**BYU Creamery** 

1209 N. 900 East byu.edu/creamery

The Chocolate

212 S. State St., Orem thechocolatedc.com

**♥\$\$** 🛭 🖨

**Clark's Island Donuts** 

1218 N. 900 East clarksislanddonuts.com

**♥**\$ ₩

The Cocoa Bean Cupcake Cafe

1774 N. University Pkwy.

thecocoabean.net

**V**\$ // 🚍

**Cold Stone Creamery** 

2302 N. University Ave.

**♥\$** ★ 🚔

**Cupcake Chic** 

1361 S. State St., Orem cupcakechicutah.com

**♥**\$ ₩ 🚘

**Dolce Amelia Gelato** 

800 N. 824 East, Orem. dolceamelia.com

**♥\$** ★ 🚔

**Eliane French Bakery** 

1750 S. State St., Orem.

**♥\$** / <del>=</del>

Farr's Fresh

1073 S. 750 East, Orem.

**♥\$** // <del>=</del>

Hokulia Shave Ice

1445 N. Canyon Rd.

**♥\$** ₩

**Iceberg Drive Inn** 

180 N. State St., Orem. icebergdriveinn.com

♥\$ × 🚔

Ike's Creamery

4801 N. University Ave. #210.

**♥\$** / <del>=</del>

Ivie Juice Bar

45 N. University Ave. ivieiuicebar.com

**♥\$\$ /** 

La Brioche Bakery

845 N. 100 West, Orem labriocheargentina.com

La Michoacana

1700 N. State St.

**♥** ≰ 🛖

Menchie's Frozen Yogurt

153 N. State St., Orem menchies.com

**V**\$ 📻

**Mend Juicery** 

4801 N. University Ave. mendjuicery.com

**♥\$** / <del>=</del>

The Mighty Baker

50 E. 500 North mightybaker.com

**♥\$** *N* 

Mrs. Cavanaugh's

1163 S. State St., Orem

mrscavanaughs.com

**V**\$ 📻

Pop'n Sweets

42 E. 1230 North popnsweets.com

**♥\$** ₩

Rita's Italian Ice

1283 N. University Ave.

Rockwell Ice Cream Company

43 N. University Ave. rockwellicecream.com

**♥\$\$** *N* 

**Roll with It Creamery** 

63 E. Center St. rollwithitcreamery.com **♥**\$ *N* 

**Sodalicious** 

30 W. 300 North

Sub Zero Ice Cream 1774 N. University Pkwy.

Sumo's Shave Ice

945 F 450 North

sumosshaveice.blogspot.com

**9**\$ ×

The Sweet Tooth Fairv

1227 S. University Ave. thesweettoothfairv.com

**V**\$ N

Sweet Turtle Shaved Ice

31 E. Center

**♥**\$ *N* 

Swig

1523 N. Canyon Rd. swignsweets.com

**♥\$** ₩

117 N. University Ave. havetaste.com

**♥\$\$** 🖨

**Tokyo Sweets** 

1200 Towne Centre Blvd.

**♥**\$ <del>=</del>

**Tropical Smoothie Cafe** 

1167 S. State St., Orem

tropicalsmoothie.com **♥\$** ₩ 📻

Waffle Love

1831 N. State St. waffluv.com

**YO2 Fizzy Frozen Yogurt Stand** 1330 E. 300 North

**♥**\$ *№* 📻

Yogurtland

534 E. University Pkwy., Orem

**♥\$** / <del>=</del>

### **Food Trucks**

**Art City Donuts** 

Doughnuts. artcitydonuts.com

\$ 🖨

**Boudreaux's Bistro** 

Cajun. Follow on social media.

CheddaTruck

Cheeseburgers. cheddawasted.com

**Corndog Commander** 

American, corndogs. Follow on social

media.

\$ 🖨

**Cravings Bistro** Sandwiches, American. Follow on social media. 25 W. Center, Pleasant Grove.

Cupbob - Korean BBQ Korean. Follow on social media. 815 N.

700 East. \$ =

Egarollin' Filipino. Follow on social media.

Fiore Wood Fired Pizza

Pizza, Italian. fiorepizza.co

\$ 🖨

Greek N Go Greek. 1523 N. Canyon Rd.

\$ =

Green Me

Smoothies, healthy. greenmesmoothies.com

The Grill Sargeant American. Follow on social media.

\$ 🖨

¢ 👄

Kona Ice

Shaved Ice. kona-ice.com



### La Table Crepes

latablecrepes.com

\$ 🖨

### Macarollin'

Mac and cheese. macarollin.com

### Mama Z's

Calzones, Italian. Follow on social media

\$ 🖨

### **Pound It Kebabs**

Greek. Follow on social media.

### **Pyromaniacs Pizza**

pyromaniacspizza.com

### **Rocco's Wing Wagon**

Sandwiches, deli. 18 N. University Ave. \$ 🖨

### **Savour Foods**

American, sliders. savourfoodtruck.com

### **Special Courses**

American. specialcoursesfoodtr.wix.com/ specialcourses

\$ 👄

### Stooks BBO

Follow on social media

### **Sweeto Buritto**

Mexican, sweetoburrito.com

### The Mouse Trap

Grilled cheese. Follow on social media.

### Uncle Bobby's Hawaiian Style

Hawaiian. Follow on social media.

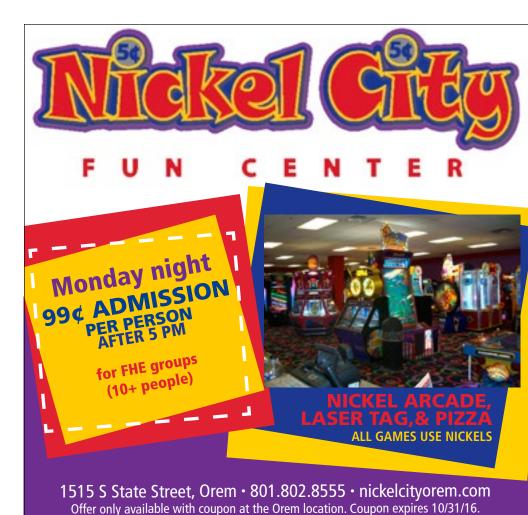
¢ 👄

### Waffle Love

Waffles. waffluv.com

\$ 🖨





### "God's Not Dead 2"

Chrisitian. Sequel to "God's Not Dead," PG, opens Apr. 1.

**V**\$ 🚖

### "The Jungle Book"

Live-action version of Disney animated movie. Based on children's book. PG, opens Apr. 15.

**V**\$ 📻

### "The Huntsman: Winter's War"

Fantasy/Drama. Sequel to "Snow White and the Huntsman." PG-13, opens Apr. 22.

**V**\$ 📻

### "The Meddler"

Aging widow moves to Los Angeles to live with her daughter. PG-13, opens Apr. 22.

**V**\$ 📻

### "Mother's Day"

Intersecting stories with mothers intersect on Mother's Day, PG-13, opens Apr. 29.

**V**\$ =

### "Ratchet and Clank"

Animation, action adventure. PG, opens Apr. 29.

### "Captain America: Civil War"

Third Captain America film, PG-13, opens May 6.

**v**\$ 🖨

### "Angry Birds Movie"

Based on the game "Angry Birds." PG, opens May 20.

**V**\$ 🚍

### "X-Men: Apocalypse"

Next in the X-Men series. Not yet rated, opens May 27.

### "Alice Through the Looking Glass"

Sequel to 2010 live action "Alice in Wonderland." PG, opens May 27.

### "Teenage Mutant Ninja Turtles: Out of the Shadows"

Seguel to "Teenage Mutant Ninia Turtles." Not yet rated, opens June 3.

**V**\$ 📻

### "Me Before You"

Drama where a woman falls in love with a paralyzed man, PG-13, opens June 3

**V**\$ 🚘

### "Now You See Me: The Second Act"

Thriller sequel to "Now You See Me." Not yet rated, opens June 10.

**♥** \$ 🛖

### "Warcraft"

Adaptation of the video game. PG-13, opens June 10.

**V**\$ 🚘

### "Finding Dory"

Sequel to "Finding Nemo." Not yet rated, opens June 17.

**♥**\$ 📻

### "Independence Day:

Resurgence"

Sequel to "Independence Day." Not yet rated, opens June 24.

**V**\$ 📻

### "The BFG"

Fantasy/family film based on the Roald Dahl book. Ten-year-old meets Big Friendly Giant. Not yet rated, opens July 1.

**V**\$ =

### "The Legend of Tarzan"

Based on the book by Edgar Rice Burroughs. PG, opens July 1.

### "The Secret Life of Pets"

Family, animation. PG, opens July 8.

**V**\$ 📻

### "Ghostbusters"

Comedy seguel to "Ghostbusters." Not yet rated, opens July 15.

**V**\$ 🚔

### "Star Trek Beyond"

Seguel to "Star Trek: Into Darkness." Not yet rated, opens July 22.

**V**\$ 📻

### "Ice Age: Collision Course"

Have a water balloon/

Take a break from the summer heat

Play this classic game and prepare to

Find a gym, hang up a large sheet, buy

battleships and let the war commence.

Throwback to high school and play this

Play couples vs. couples and see who

foam balls, lav evervone down like

Play a card or board game

Rediscover your love of Uno and

cunning of Monopoly.

Play capture the flag

classic game with your date.

and cool off only the best way you can.

water gun fight

proclaim "check mate."

Play life-size Battleship

Fifth film in the Ice Age series. Not yet rated, opens July 22.

**V**\$ 📻

**9**\$

Play chess

**y w** free

♥free 🖊

**♥**free

### **Local Theaters**

### Carmike Wynnsong 12

4925 N. Edgewood Dr.

"Jason Bourne"

rated, opens July 29.

"Suicide Squad"

"Nine Lives"

PG, opens Aug. 5.

"Pete's Dragon"

🛡 \$ 🚘

Aug. 19.

**♥**\$ 📻

**♥**\$ 📻

Next in the Bourne series. Not yet

Superhero movie featuring DC Comics

villains. Not yet rated, opens Aug. 5.

Kevin Spaces plays a businessman

trapped inside the family cat's body.

The adventures of Pete and his dragon

Family, animation. Not yet rated, opens

friend Elliott. PG, opens Aug. 12.

"Kubo and the Two Strings"

"Miss Peregrine's Home

Tim Burton directed adventure/

fantasy. Not yet rated, opens Sept. 30.

for Peculiar Children"

### Cinemark 16

1200 Towne Centre Blvd.

### **Cinemark American Fork**

715 W. 180 North, American Fork

### Cinemark Draper and XD

12129 S. State St., Draper

### **Cinemark Movies 8**

2424 N. University Pkwy.

### **Cinemark Movies 9**

9539 S. 700 East, Sandy

### **Cinemark University Mall** 1010 S. 800 East, Orem

### **Mammoth Screen Theater**

### 2929 N. Thanksgiving Way, Lehi

### Megaplex Theatres Lehi 2935 N Thanksgiving Way, Lehi

### **Megaplex 17 Jordan Commons**

### 9400 S. State St., Sandy

### **Megaplex Vineyard** 600 N. Mill Rd., Vineyard

### **Stadium Cinemas**

633 S. 950 West, Payson

### **Towne Cinema**

120 W. Main St., American Fork

### Water Gardens **Pleasant Grove 6**

912 W. Garden Dr., Pleasant Grove

### Water Gardens Spanish Fork 8

790 Expressway Ln., Spanish Fork

### Games

### Murder mystery dinner

Dress up as a unique character, speak with a foreign accent and enjoy a dinner of intrigue with friends.

♥free †††‡

### Twister with paint

Make sure to wear clothes you don't mind ruining.

### Around the world ping pong Switch sides of the table while keeping

the ball bouncing.

♥free †††‡

### **Relay games**

Go to a local park and set up relay games for you and your friends' dates. ♥free †††

### Three-legged soccer

Tie opposite legs together and try playing soccer. Try also three-legged bowling.

♥free ††††

### Create a parachute for an egg

Reminisce on old 9th grade science projects and compete to see which egg is least damaged.

### Make marshmallow guns and have a marshmallow war

Make a marshmallow gun from PVC pipes - or just throw marshmallows at each other if that's your style.

### Go to the Wilk bowling alley and play Skittle-style

Draw a random Skittle, and each color means something different (e.g. yellow = left-handed, purple = through the legs, etc.)

### Do a puzzle together

♥free 🖊

### Play croquet

There are plenty of places on campus that are perfect for croquet. Find a grassy area and croquet kit and have fun.

### Play a video game together free

### **Play Ultimate Frisbee**

### the best duo is. **♥\$†††** Fruit ninja

Nerf gun war

Use baseball bats or broomsticks to smash fruit, potatoes or soda cans that you pitch to each other.

₩\$



### Learning

### Take an art class at A&A Art & Frame

Visit aandaartandframe.com or call 801-375-1150 for details. 661 N. State St., Orem.

♥\$\$ X 📻

### Take a cooking class

Offered at Williams-Sonoma at the Riverwoods or through Provo City. Sign up at provo.org.

♥\$\$ X 😝

### Teach each other one of vour talents

Everybody is good at something. Share what you can do and then your date can do it better.

♥ free

### Learn origami and give people your creations Learn online or get a book.

**♥**free

### Learn calligraphy and write letters to each other/others

Take a class, learn online or learn from a book.

♥free 
▼

### Date night at Museum of **Peoples and Cultures**

Only once a month. Get tickets in the Wilk Info Desk.

### Learn how to make melted cravon art, mimic Pinterest Learn online and then post images of

vour art. ₩\$

### Do a DIY project from Pinterest

Plenty of resources online and you can share what you've made.

### Make bubbles, blow them

**♥\$** ₩

### Buy a Lego set

Build what you see on the box. Watch "The Lego Movie" while doing it.

### Learn how to cook authentic cultural cuisine

### Learn Photoshop at the HBLL

Software training sign up at lib.byu. edu/services/software-training.

Take a certification class

### **On Campus**

### **Education in Zion**

Brush up on your BYU history with your date.

**♥**free

### Play the table video game at The Wall

Destroy the aliens while enjoying some garlic fries.

**♥**free

### Workout class at RB/ **Smith Fieldhouse**

Give water zumba, power yoga or pilates a try.

\*\*\*

### Find the deer on campus **♥**free

### Feed the ducks at the pond

♥free \*

### BYU's Got Talent

Wilkinson Center Varsity Theater, Apr. 1.

**♥**free

### **Laser Wars**

BYU Wilkinson Student Center Ballroom, Apr. 1.

**♥♥**free

### Learn FHE stories behind popular church hymns

Education in Zion, Apr. 6.

**♥**free

**\$** 

### Visit the BYU planetarium in the Eyring Science Center

### **Visit MOA**

**♥**free

### BYU service dates

Visit yserve.byu.edu for details.

**♥**free

### Watch a live animal show

Monte L. Bean Life Science Museum requires scheduling two weeks in advance.

**\***\$\$

### Go to the Wall

Karaoke, open mic night, etc.

**♥**free

### Attend a student recital

Madsen Recital Hall, Harris Fine Arts Center.

♥free/\$

### **Divine Comedy**

### See a BYU choir concert

BYU's auditioned choirs University Singers, Concert Choir, Men's Chorus and Women's Chorus hold concerts regularly during Fall and Winter semesters.

**\*** \$\$

### Go tunnel singing on Sunday night

♥ free

### BYU's International Cinema

### Play pool at the Wilk free

**Hike Y Mountain** 2.4 miles/1 hour

♥free 😝

### **On Campus Performing Arts**

### **Concerts at Noon**

B.F. Larsen Gallery, Harris Fine Arts Center. 12 – 12:30 p.m. free

### "Mother Courage and Her Children"

Pardoe Theatre. Apr. 1, 7:30 p.m.

### **BYU Singers**

de Jong Concert Hall. Apr. 1, 7:30 p.m.

### **Brass Chamber Night**

313 University Parkway Center. Apr. 1, 7:30 p.m.

### **University Bands**

de Jong Concert Hall. Apr. 5, 7:30 p.m.

### **Group for Experimental Music**

Madsen Recital Hall. Apr. 5, 7:30 p.m.

### **BYU Concert Choir**

St. Francis of Assisi Catholic Church, 65 E. 500 North. Apr. 6, 7:30 p.m.

### Synthesis

de Jong Concert Hall. Apr. 6, 7:30 p.m.

### **BFA New York Showcase**

Nelke Theatre. Apr. 7-8, 7, 9 p.m.

### **BYU Wind Symphony**

de Jong Concert Hall, Apr. 7, 7:30 p.m.

### **Ballroom in Concert**

Marriott Center. Apr. 8, 7:30 p.m., Apr. 9, 2 p.m., 7:30 p.m.

### BYU Philharmonic

de Jong Concert Hall. Apr. 8, 7:30 p.m.

### **Jazz Lab Bands**

Madsen Recital Hall, Apr. 8, 7:30 p.m.

### **Evening of Percussion**

de Jong Concert Hall. Apr. 9, 7:30 p.m.

### **University Chorale**

de Jong Concert Hall. Apr. 12, 7:30 p.m.

### **String Chamber Night**

University Parkway Center. Apr. 12, 7:30 p.m.

### **BYU Young Dancemakers**

de Jong Concert Hall. May 6 – 7, 7:30 p.m.

### **BYU Ballroom Dance Company** de Jong Concert Hall. May 13, 7:30 p.m.

\$\$

### "Charlotte's Web"

Pardoe Theatre. May 26 – 28, 7 p.m.; May 28, 2 p.m.; June 2 – 4, 8 – 10, 7 p.m.; June 2, 4, 10, 11, 2 p.m.

### **Spring Opera**

de Jong Concert Hall, June 8 – 11, 7:30 p.m.

\$

### **Local Events**

### Salsa Chocolate Thursdays

Salsa lesson 9-10 p.m, social dance until 12:30 a.m, every Thursday. 116 W. Center.

**♥♥\$** <del>==</del>

### Improv Comedy Show-**Comedy Sportz**

Battle of the Comedians! Various dates

**♥\$** 🛭 📻

### Any Echo theatre performance

Check out their latest performances at theechotheatre.com

♥\$\$ X <del>==</del>

### Visit the state or county fair

Look at contest entries, ride the ferris wheel and eat delicious fair food.

### Go to a concert at Muse or Velour

₩ 🕻 🎖

### Stadium of Fire

Tim McGraw headlines the annual event at BYU's LaVell Edwards Stadium. July 2.

freedomfestival.org

**♥\$\$\$** 🛚

### Go to a Covey Center for fine arts event

See provo.org/community/coveycenter-for-the-arts for upcoming performances.

♥\$\$ X 👄

### **SCERA Theatre movies**

**♥**\$ 🚘

"Take Me Out to the Ball Game" Apr. 5

"Khartoum"

Apr. 12

"Victory" May 10

### "Seven Brides for Seven Brothers"

May 17

"National Velvet" May 24

### **SCERA live performances**

**♥♥\$\$** ¥ 📻

### "Saturday's Warrior"

Apr. 12 - May 7 on Mondays, Thursdays, Fridays and Saturdays.

### Disney's "The Little Mermaid"

June 3 – 18 on Mondays, Tuesdays, Thursdays, Fridays and Saturdays.

♥♥\$\$ X 🖨

### **Hale Center Theater**

225 W. 400 North, Orem haletheater.org

♥♥\$\$ X 👄

### "Joseph and the Amazing Technicolor Dream Coat"

Thru Apr. 9.

"Jane Evre" Apr. 21 - June 4.

"Peter Pan"

June 16 – Aug. 6.

### "See How They Run"

Aug. 12 - Sept. 24.

### **Sundance Resort**

Fly fishing, scenic lift rides, mountain biking, horseback riding, river rafting and golfing.

🕶 🗸 🛣 🚍

### Free movies at Rock **Canvon Park**

Every Monday in August, Bring your own blanket and bug repellent. Concessions available. 2620 N. 1200 Fast

🕶 Free 🛭 😑

### Pioneer Day Extravaganza

Entertainment, games for kids, pie cooking contest, pioneer village and museum, farmer's market, antique car show and much more! North Park (500 N. 500 West) July 24.

**₩** Free

### **Utah Lake Festival**

Free for the whole family. Free hot dogs and popcorn, kid's games and crafts, sailing demos, educational booths and more. June on free fishing

♥Free =

### **Memorial Day Service**

Held at the Provo City Cemetery. The service includes an hour-long program, 21-gun salute by the Metro SWAT and "Taps" bugle call by Timpview High School Band. Memorial Day. 610 S. State St.

♥Free 😑

### **Festivals**

### **Alpine Days**

Aug. 6 – 13. Alpine.

### **American Fork Steel Days**

July 6-11. Activities at city hall and Quail Amphitheater.

### **Cedar Hills Family Festival**

May 31-June 1. Follow state highway 92 to the east. Festivals in Cedar Hills public parks.

### **Craft Lake City**

DIY craft festival at the Gallivan Center, Salt Lake City.

♥free 🏻 🖨

### **Downtown Yoga Festival** at the Leonardo

209 E. 500 S., Salt Lake City.

**♥♥\$** 🛭 📻

### Days of '47

July. Salt Lake City events include concerts, rodeo, Pioneer Day parade.

♥free 🏻 👄

### Lehi Round-up Celebration

June 19-25. Rodeo and other activities. 

### **Lindon Days**

Aug. 3-8.

**♥\$\$** 😝

### **Orem Summerfest**

June 7-11. Family activities.

### **Pleasant Grove Strawberry Days**

June 15-20. Rodeo and activities in Pleasant Grove.

**V\$\$** 🖨

### **Provo Freedom Festival**

Late June-July 4. Events throughout Provo.

### **Provo Latino Americano** Festival

festivalprovo.com

### **♥\$\$** =

### Snowbird's Oktoberfest

Aug. 13 - Oct. 9. Enjoy German food every Saturday.

**♥\$\$ ¥** <del>=</del>

### **Spanish Fork Fiesta Days**

July 14-25.

### Spanish Fork Fiesta Days Rodeo

475 S. Main, Spanish Fork. Rodeo begins at 8 p.m. Pre-show activities begin at 7 p.m.

**V**\$ =

### Springville Art City Days June 4-11.

### **Utah Arts Festival**

June 26-28. Library Square, Salt Lake City.

**V**\$ =

### **Utah County Fair**

Aug. 17-20. Spanish Fork Fairgrounds.

### **Utah Pasifika Festival**

May 26 – 29. Features dancing, music, food and craft booths celebrating the Polynesian cultures. utpasifikafestival.com

♥free 🚍

### **Utah State Fair**

Sept. 10-20. Salt Lake City.

**♥\$\$ ∑** <del>=</del>





### Give away flowers

Buy flowers and give them to random people who look like they need a "pick-me-up."

₩\$

### Put motivational Post-it Notes in textbooks

"You can do it!" might just be what someone needs to hear when studying for a psychology final.

♥free 🖊

### Plant flowers for someone

Ask that friendly old neighbor if they would like some more color in their front-lawn flower beds.

**♥** free

### Do family history on the second floor of HBLL

Find out a little bit more your and your date's ancestors and find some family names.

**♥♥**free

### Donate blood together

Talk your way through the ordeal with your lovely date.

**♥♥**free

### Volunteer at a soup kitchen

Offer your services at a local soup kitchen.

♥free 🚘

### Take care of animals at an animal shelter

Beautiful date, adorable animals, how could it go wrong?

♥free 🖨

### Bake cookies for friends

Ask your mom for her secret recipe, make delicious cookies and give them to your roommates. And save some for you and your date!

**♥**free

### Clean up a local park

Preserve the beauty around you with a date by your side.

**♥**free

### **Volunteer for Y-Serve**

Ask Y Serve if they have anything fun planned for the week and sign up you and your date.

♥ free

### Go to the temple and do baptisms for the dead

Put all those hours doing family history work to good use and bring some names and a date.

**♥♥free** 🛭

STEPHANIE RHODES



### 264 N 100 W PROVO, UT 801 374-3400

Fun for the whole family, kids, teens, adults!! Pizza parties, Birthday parties, Team parties, church groups, school and youth groups, scouts and more! Video arcade. We also have Black Light Mini Golf.

www.laserassault.net



### Concerts

5 Seconds of Summer

Pop. Aug. 26. USANA Ampitheatre, West Valley City.

♥♥\$\$ X 🚔

**Andrew Bird** 

Folk. May 23. The Depot, Salt Lake City.

♥♥\$\$ X 👄

Hip/Hop. May 26. The Complex, Salt Lake City.

♥**♥**\$\$ \( \sigma \)

**Demi Lovato & Nick Jonas** 

Pop. Aug. 11. Vivint Smart Home Arena, Salt Lake City.

♥♥\$\$ X 👄

Disclosure

Electronic. May 18. Saltair, Magna.

♥♥\$\$ ¥ 🚍

**Explosions In The Sky** 

Post-rock. May 9. The Depot.

🕶 🗴 🛣 🚘

James Taylor

Folk. July 21. Maverik Center, West Valley City.

♥♥\$\$ X 👄

Janet Jackson

Pop/R&B. June 29. Vivint Smart Home Arena.

**♥♥\$\$** ¥ 📻

Josh Groban

Classical. Aug. 20. USANA Ampitheatre.

🕶 🕊 🛣 📻

Journey

Classic Rock. Aug. 21. USANA Ampitheatre.

**♥♥\$\$** 🛭 👄

**Keith Urban** 

Country. July 21. USANA Ampitheatre.

♥♥\$\$ X 👄

Leon Bridges

R&B Revival. May 26. The Depot.

♥♥\$\$ X 😝

MR3

Electronic. May 30. Saltair.

♥♥\$\$ X 😝

**Macklemore & Ryan Lewis** 

Hip/Hop. June 3. Saltair.

**Modest Mouse & Brand New** 

Alternative. June 28. Saltair.

🕶 🕊 \$\$ 🛭 📻

Shawn Mendes

Pop. July 30. Saltair.

♥♥\$\$ X 👄

Steely Dan with Steve Winwood

Classic rock. June 14. USANA Amphitheatre.

♥♥\$\$ X 👄

The Cure

Alternative. June 3. Maverik Center.

🕶 🗴 🛣 🚘

Indie. May 28. The Depot.

♥♥\$\$ X 👄

The Piano Guys

Classical. July 16. USANA Amphitheatre.

**♥♥\$\$** 🛭 📻

The Wombats

Indie. June 8. The Complex.

♥♥\$\$ ¥ 📻

### **Performing Arts**

### **Utah Lyric Opera**

Provo-based opera company. utahlyric.org

### "Carmen"

In concert with the Utah Valley Symphone. May 13, 14. Loveland Performing Arts Center, 5600 Heritage School Dr.

"Nozze di Figaro"

July 28, 30. Timpview High.

"Die Fledermaus" July 29, 30. Timpview High.

Opera in the Park

July 21, Orem City Center Park

Death by Aria July 22-23, Orem Library

### **Utah Shakespeare Festival**

SUU, Cedar City.

bard.org

"Much Ado about Nothing"

June 27 – Sept. 8

"Henry V"

June 28 - Sept. 10

"The Three Musketeers"

June 29 - Sept. 9

"The Cocoanuts" July 1-Oct. 15

"Mary Poppins"

July 2 - Sept. 3

"Julius Caesar" July 29 – Oct. 22

"Murder for Two"

Aug. 4 - Oct. 22

"The Greenshow"

June 27 - Sept. 10

### **SCERA Live Theatre**

745 S. State St., Orem, 84058 scera.org

"Saturday's Warrior"

April 15 - May 7

Disney's "The Little Mermaid"

June 3 – June 18

"Footloose: The Musical"

July 1-July 16

Rodgers & Hammerstein's

"South Pacific"

July 29 - Aug. 13

**Tuacahn Amphitheatre** 

1100 Tuacahn Dr, Ivins, 84738. tuacahn.org

"Peter Pan"

May 27 - Oct. 14

"Tarzan"

June 3-Oct. 12

"The Hunchback of Notre Dame"

July 29-Oct. 15

**Utah Opera** 

Capitol Theatre, 50 W. 200 S., Salt Lake City.

utahopera.org

"The Marriage of Figaro" May 7, 9, 11, 13, 15.

**Sundance Mountain Resort** 

"The Music Man"

July 21 - Aug. 13 sundanceresort.com

**Utah Festival Opera** 

59 South 100 West, Logan. 435-750-0300.

utahfestival.org

"Ragtime" July 9 - Aug. 6

"Porgy and Bess"

July 7 - Aug. 6 "Show Boat"

July 8 - Aug. 5

**Puccini's Trilogy** "Il Tabarro," "Suor Angelica," "Gianni Schicchi." July 6 – Aug. 5. Serious Relationships

Take a luxury helicopter tour with Helicopter Charters Provo Save up for this special date for a

special someone. ♥♥♥\$\$\$ X 👄

Sundance Full Moon Lift ride

Every month during the summer you can head up to Sundance Resort in the heart of Provo Canyon to enjoy a lift ride. From 8:30 – 11 p.m. you can enjoy the beautiful views of nature and take in the full moon.

**♥♥\$** 🎖 😝

Road trip

Take a drive together and listen to music from when you first started dating.

♥♥♥free 🖨

**♥♥**free

Garden together at the Provo community garden

**Book love letters** 

Choose a page in a book and blot out

words and sentences to create a love letter with the remaining words. www free

Train for a 5k and run/ walk with each other

Sign up for the next 5k and set a time to train together every week.

♥♥♥free 🏻

Recreate the first date vou ever had together

Relive early memories getting to know each other and trying to impress each other on a first date.

♥♥♥free-\$\$\$

Read excerpts from favorite books to each other Curl up on the coach or set up a picnic

outside and read favorite from your passages. **♥♥**free

Help one another achive a bucket list item

BYU tennis courts. Apr. 15.

Check something off your bucket list,

**Sports** 

BYU Miller Park. Apr. 4, 7, 8, 9, 12, 22, 23, 28, 29, 30, May 19, 20, 21.

♥\$ 🏻

UVU Brent Brown Ballpark, Orem.

Riverside Country Club. Apr. 11, 12.

Apr. 26. **♥**\$ ∑ 📻

Smith's Ballpark, Salt Lake City. May 17. **V\$** 🛭 📻

Men's Golf

♥\$ 🛭 📻

Men's Track

Men's Tennis

UVU, Orem. Apr. 1.

**♥\$** 🛭 📻 Salt Lake City. Apr. 8, 9.

♥\$ 🛭 🚍 BYU Robison Track and Field Complex.

Apr. 21-23, May 11-12.

Weber State, Ogden. May 3.

**♥\$** 🛭 📻

Men's Volleyball

BYU Smith Fieldhouse. Apr. 8, 9.

**\$** 

### Tori Kelly

Alternative. May 13. The Complex.

♥♥\$\$ ¥ 😝

### **Trampled by Turtles**

Bluegrass. Aug. 15. The Complex.

**♥♥\$\$** \( \approx \( \approx \)

### **Twenty One Pilots**

Alternative Hip/Hop. July 16. Vivint Smart Home Arena.

**♥♥\$\$** \( \approx \ap

### Weezer & Panic At The Disco

Alternative. July 26. USANA Amphitheatre.

♥♥\$\$ X 👄

and bring your significant other with you.

**♥♥**free

### Learn a language together

Download a language learning app or take a foreign language class together.

### Get together and share embarrassing photos of each other

Bring out that old photo album or scroll through past Facebook posts and laugh at the awkward moments of life.

**♥♥♥**free

### Pretend like you're getting married and go ring shopping Hint. Hint.

**♥♥♥**free

### Write a song and record it at the HBLL sound booth

Exercise those vocal cords and put your music software skills to the test.

♥♥♥free 🏻

### Softball

BYU Miller Park. Apr. 5, 8, 9, 13, 22, 23, May 6, 7.

♥\$ 🎖

UVU, Orem. Apr. 15.

♥\$ 🛭 🖨

### Women's Tennis

BYU tennis courts. Apr. 1, 8, 22, 23.

♥\$

### Women's Track

UVU, Orem. Apr. 1.

♥\$ 🎖 🚍

BYU Robison Track and Field Complex. Apr. 21 – 23, May 11 – 12.

♥\$ 🏻

Weber State May 3.

♥\$ 🛭 🖨

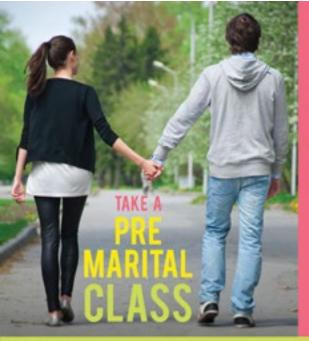
# HALF PRICE date night deal!



Two-for-one studio fees on Saturday after 6 PM!



Color Me Mine does not allows specials or discounts to be combined. Offer expires October 1, 2016.



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### Free

### **Provo Rooftop Concert Series**

rooftopconcertseries.com

♥free 🏻 🖨

### **Outdoor Summer Cinema**

The Outdoor Summer Cinema features several free movies to watch throughout the summer.

♥free 🖨

### Firesides

Be spiritually uplifted together.

**♥**free

### Go bird watching

Check out a bird-watching book from the library and find some binoculars.

### Go exploring with your cameras

Explore your world through the lens of your camera and capture the interesting things you and your date often overlook.

♥free 🖊

### Have a movie marathon

Pop a lot of popcorn and watch movie trilogies or a series of your favorite genres.

♥♥free 🏻

### YouTube video marathon

See what's popular or check out your favorite YouTuber's channels.

♥free 🖊

### Find all your unused gift cards and use them

A technically free date with a montage of eating at a variety of restaurants and shopping at multiple stores.

♥♥♥free =

### Cloud watch

Lay out a blanket and make up story lines for the characters you see in the

♥free 🖊

### Star-gaze

Download a star-gazing app or check out a book and point out the constellations.

♥free 🖊

### Balloon Fest

Watch the colorful hot air balloons launch from the grass field at Cherry Creek Elementary in Springville.

♥free 🏻 😝

### Have a book club date night

Pick out an interesting read together and set a date to discuss it.

www.free

### Play video games from your childhood

Dust off your old childhood favorites and play Mario Kart and Donkey Kong. **♥**free

### Go to a high rooftop and eniov the view

Consider the JFSB rooftop and bring a camera to capture the moment.

♥free 🖨

### Work on a puzzle together

Do you start with the edges or a random piece? How your date makes a puzzle can sav a lot.

**♥**free

### Test drive your dream car

Make a dream a reality, for at least a little while

♥♥♥free 😝

### Make a video and post on YouTube

Mimic your favorite YouTubers with a video of your own. You and your date could be become the next YouTube sensation.

♥♥free 🏻

### Write a song together

Win your date's heart with your witty rhymes or silly sense of humor.

**♥♥**free

### Turn a TV show on silent, make up lines for actors

Or turn on a foreign film, without subtitles, and guess the storyline.

**♥♥**free

### Geocache (find buried treasure with GPS)

Experience a real-life treasure hunt.

**♥**free

### Fly a kite

Don't be afraid to actually make the kite and test your handiwork.

♥free

### Download a vintage radio program podcast

Go listen to it in a unique location: think horror story in the woods at

**♥♥**free

### Do Mad Libs together

The sillier the better.

♥free 🖊

### Pool hop

Go from one complex to another and see how many you can do in one day.

♥free 🚍

### Take a personality test

See how compatible you are.

**♥♥**free

### Wood/soap carving contest

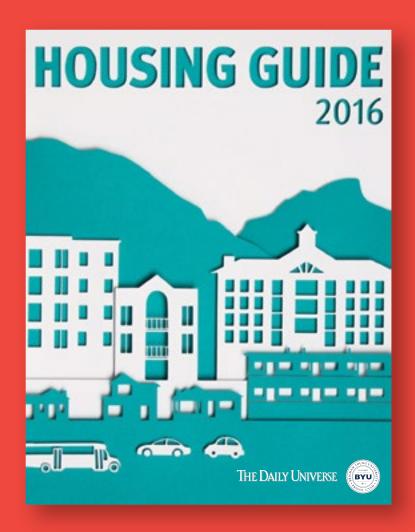
Carve out your favorite animal, or your date's face, and give each other the final product.

### Make cards for each other and then send them in the mail

Bring back the art of snail mail. Don't forget to spray on a little perfume or coloane.

♥♥♥free

# The key to your next apartment is inside.



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### THE DAILY UNIVERSE

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### **DATING DIARIES**

Some dates just don't go the way people planned or wanted. BYU students shared dating stories that make bad dates seem like bliss.

"I got asked out on a blind double date. My date seemed really nice and I was pretty happy with the way things were going ... until we met up with the other couple and it was my ex-boyfriend. Things got really awkward really quickly."

"Setups are the worst. Especially when they end up being with your second cousin."

— Calvin

"I went on a blind date and was worried about the guy being crazy (he didn't have Facebook so I couldn't even stalk him) so I made my friends take down his license plate when he picked me up, but mostly as a joke. Forty-five minutes later people knocked on his door and a group of girls said they were playing bigger or better. It was all my best friends who found his car, then found his apartment, and eventually found us. I was laughing so hard I started crying, and he had no idea the correlation, and never found out either."

— Danielle

"I went on a date with a girl and during the date she ran into one of her friends and talked about this guy she was really into. The guy wasn't me."

— Jordan

"This guy asked me out and I was actually pretty excited for the date ... until he called me the wrong name four times, one of them being in the post-date text."

— Anna

"I asked this girl on a date and I was really excited about it. I picked her up in my really big truck, and when she opened her apartment door I learned that she broke her leg the day before. When we got to my truck we couldn't figure out how to get her in the passenger seat because the truck was so big and she couldn't bend her leg. She ended up having to lie in the back. She was in so much pain and it was just really bad timing."

—Jared

"This guy asked me out and seemed really excited about it. After he picked me up we got hot chocolate and he talked to me about a business opportunity he thought would be great for me ... all night long. We never went out again."

— Michelle



Names have been changed to protect those who haven't yet figured out how to have great dates. If you know anyone like that, share with them a copy of TWO.



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